

<a href="#">Jan 2024</a>	<a href="#">Feb 2024</a>	<a href="#">Mar 2024</a>	<a href="#">Apr 2024</a>	<a href="#">May 2024</a>	<a href="#">Jun 2024</a>	<a href="#">Jul 2024</a>	<a href="#">Aug 2024</a>	<a href="#">Sep 2024</a>	<a href="#">Oct 2024</a>	<a href="#">Nov 2024</a>	<a href="#">Dec 2024</a>	<a href="#">Jan 2025</a>	<a href="#">Feb 2025</a>	<a href="#">Mar 2025</a>
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[Front Cover](#)

[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



# Local 351L



2024—2025

1&2

## IMPORTANT PHONE NUMBERS

PSC	<a href="http://psc.lifeatworkportal.com">psc.lifeatworkportal.com</a>	877 - 435 - 7868
REED GROUP	Fax # 518 - 880 - 6884	844 - 391 - 6672
MEDIMPACT	<a href="http://medimpactdirect.com">medimpactdirect.com</a>	855 - 873 - 8739
MELS	Employee Life Services	800 - 537 - 5221
METLIFE	Dental Plan	800 - 942 - 0854
VSP	Vision Plan	800 - 877 - 7195
Blue Cross/Blue Shield	Health Care	800 - 334 - 9041
Michelin Help Desk	<a href="http://mypassword.michelin.com">mypassword.michelin.com</a>	844 - 352 - 5093
Plant Security		205 - 391 - 6261
Plant Dispensary		205 - 391 - 6224
Plant Cafeteria		205 - 391 - 6390
AFLAC Insurance	Rex Shanner	205 - 454 - 4237
Employee Tire Rebate	<a href="http://employeetirebenefits.michelin.net">employeetirebenefits.michelin.net</a>	888 - 276 - 3190
OPTUM—FSA	<a href="http://optumbank.com">optumbank.com</a>	800 - 243 - 5543
Union Hall	<a href="http://usw351.org">usw351.org</a>	205 - 758 - 4476
ADP	<a href="http://portal.adp.com">portal.adp.com</a>	
Vanguard	<a href="http://vanguard.com">vanguard.com</a>	800 - 523 - 1188
Plant Operations		205 - 391 - 6500

## January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>New Years</b> 1 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	2 1 11 PM - 7 AM 2 7 AM - 3 PM	3 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	4 1 11 PM - 7 AM 2 7 AM - 3 PM	5 1 11 PM - 7 AM 2 7 AM - 3 PM	6
7	8 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	\$ 9 Union Meetings 2 11 PM - 7 AM 1 7 AM - 3 PM	10 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	11 2 11 PM - 7 AM 1 7 AM - 3 PM	12 Union Meeting 2 11 PM - 7 AM 1 7 AM - 3 PM	13
14	15 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	16 1 11 PM - 7 AM 2 7 AM - 3 PM	17 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	18 1 11 PM - 7 AM 2 7 AM - 3 PM	19 1 11 PM - 7 AM 2 7 AM - 3 PM	20
21	22 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	\$ 23 2 11 PM - 7 AM 1 7 AM - 3 PM	24 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	25 2 11 PM - 7 AM 1 7 AM - 3 PM	26 2 11 PM - 7 AM 1 7 AM - 3 PM	27
28	29 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	30 1 11 PM - 7 AM 2 7 AM - 3 PM	31 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM			

**February 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I				1 1 11 PM - 7 AM 2 7 AM - 3 PM	2 1 11 PM - 7 AM 2 7 AM - 3 PM	3
4 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	5 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	6 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	7 2 11 PM - 7 AM 1 7 AM - 3 PM	8 2 11 PM - 7 AM 1 7 AM - 3 PM	9 2 11 PM - 7 AM 1 7 AM - 3 PM	10
11 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	12 Union Meetings 1 11 PM - 7 AM 2 7 AM - 3 PM	13 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	14 1 11 PM - 7 AM 2 7 AM - 3 PM	15 Union Meeting 1 11 PM - 7 AM 2 7 AM - 3 PM	16	17
18 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	19 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	20 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	21 2 11 PM - 7 AM 1 7 AM - 3 PM	22 2 11 PM - 7 AM 1 7 AM - 3 PM	23 2 11 PM - 7 AM 1 7 AM - 3 PM	24
25 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	26 1 11 PM - 7 AM 2 7 AM - 3 PM	27 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	28 1 11 PM - 7 AM 2 7 AM - 3 PM	29		

## March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I				1 1 11 PM - 7 AM 2 7 AM - 3 PM	2
3	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	4 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	5 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	6 2 11 PM - 7 AM 1 7 AM - 3 PM	7 2 11 PM - 7 AM 1 7 AM - 3 PM	8 2 11 PM - 7 AM 1 7 AM - 3 PM
10	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	11 Union Meetings 1 11 PM - 7 AM 2 7 AM - 3 PM	12 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	13 1 11 PM - 7 AM 2 7 AM - 3 PM	14 1 11 PM - 7 AM 2 7 AM - 3 PM	15 Union Meeting 1 11 PM - 7 AM 2 7 AM - 3 PM
17	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	18 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	19 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	20 2 11 PM - 7 AM 1 7 AM - 3 PM	21 2 11 PM - 7 AM 1 7 AM - 3 PM	22 2 11 PM - 7 AM 1 7 AM - 3 PM
24	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	25 1 11 PM - 7 AM 2 7 AM - 3 PM	26 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	27 1 11 PM - 7 AM 2 7 AM - 3 PM	28 1 11 PM - 7 AM 2 7 AM - 3 PM	29 1 11 PM - 7 AM 2 7 AM - 3 PM
31	<b>EASTER</b>					

## April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	\$	2	3	4	5
		2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	6
7	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	Union Meetings	9	10	11	12
		1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	Union Meeting	1 11 PM - 7 AM 2 7 AM - 3 PM
14	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	\$	16	17	18	19
		2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	20
21	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	22	23	24	25	26
		1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	27
28	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	\$	30			
		2 11 PM - 7 AM 1 7 AM - 3 PM				

## May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II		1 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 2 11 PM - 7 AM 1 7 AM - 3 PM	3 2 11 PM - 7 AM 1 7 AM - 3 PM	4
5	6 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	7 1 11 PM - 7 AM 2 7 AM - 3 PM	8 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	9 1 11 PM - 7 AM 2 7 AM - 3 PM	10 1 11 PM - 7 AM 2 7 AM - 3 PM	11
12	13 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	14 \$ Union Meetings 2 11 PM - 7 AM 1 7 AM - 3 PM	15 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	16 2 11 PM - 7 AM 1 7 AM - 3 PM	17 Union Meeting 2 11 PM - 7 AM 1 7 AM - 3 PM	18
19	20 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	21 1 11 PM - 7 AM 2 7 AM - 3 PM	22 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	23 1 11 PM - 7 AM 2 7 AM - 3 PM	24 1 11 PM - 7 AM 2 7 AM - 3 PM	25
26	27 Memorial Day Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	28 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	29 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	30 2 11 PM - 7 AM 1 7 AM - 3 PM	31 2 11 PM - 7 AM 1 7 AM - 3 PM	

## June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II					1
2	3	4	5	6	7	8
	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	
9	10	11	12	13	14	15
	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	\$	Union Meetings 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	Union Meeting 2 11 PM - 7 AM 1 7 AM - 3 PM	
16	17	18	19	20	21	22
	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	
23	24	25	26	27	28	29
	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	\$	2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	
30						



## July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	2 1 11 PM - 7 AM 2 7 AM - 3 PM	3 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	4 1 11 PM - 7 AM 2 7 AM - 3 PM <b>Independence Day</b>	5 1 11 PM - 7 AM 2 7 AM - 3 PM	6
7	8 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	9 \$ Union Meetings 2 11 PM - 7 AM 1 7 AM - 3 PM	10 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	11 2 11 PM - 7 AM 1 7 AM - 3 PM	12 Union Meeting 2 11 PM - 7 AM 1 7 AM - 3 PM	13
14	15 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	16 1 11 PM - 7 AM 2 7 AM - 3 PM	17 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	18 1 11 PM - 7 AM 2 7 AM - 3 PM	19 1 11 PM - 7 AM 2 7 AM - 3 PM	20
21	22 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	23 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	24 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	25 2 11 PM - 7 AM 1 7 AM - 3 PM	26 2 11 PM - 7 AM 1 7 AM - 3 PM	27
28	29 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	30 1 11 PM - 7 AM 2 7 AM - 3 PM	31 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM			

## August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I				1 1 11 PM - 7 AM 2 7 AM - 3 PM	2 1 11 PM - 7 AM 2 7 AM - 3 PM	3
4 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	5 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	6 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	7 2 11 PM - 7 AM 1 7 AM - 3 PM	8 2 11 PM - 7 AM 1 7 AM - 3 PM	9 2 11 PM - 7 AM 1 7 AM - 3 PM	10
11 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	12 Union Meetings 1 11 PM - 7 AM 2 7 AM - 3 PM	13 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	14 1 11 PM - 7 AM 2 7 AM - 3 PM	15 Union Meeting 1 11 PM - 7 AM 2 7 AM - 3 PM	16 1 11 PM - 7 AM 2 7 AM - 3 PM	17
18 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	19 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	20 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	21 2 11 PM - 7 AM 1 7 AM - 3 PM	22 2 11 PM - 7 AM 1 7 AM - 3 PM	23 2 11 PM - 7 AM 1 7 AM - 3 PM	24
25 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	26 1 11 PM - 7 AM 2 7 AM - 3 PM	27 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	28 1 11 PM - 7 AM 2 7 AM - 3 PM	29 1 11 PM - 7 AM 2 7 AM - 3 PM	30 1 11 PM - 7 AM 2 7 AM - 3 PM	31

## September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	<b>Labor Day</b> Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	2 \$	3	4	5	6	7
8	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	9 Union Meetings	10	11	12	13 Union Meeting	14
15	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	16 \$	17	18	19	20	21
22	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	23	24	25	26	27	28
29	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	30					

## October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II	\$ 1	2	3	4	5
		2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	
6	7	8	9	10	11	12
	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	Union Meetings 1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	Union Meeting 1 11 PM - 7 AM 2 7 AM - 3 PM	
13	14	15	16	17	18	19
	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	\$ 2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	
20	21	22	23	24	25	26
	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	
27	28	29	30	31		
	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	\$ 2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM		

## November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II				1 2 11 PM - 7 AM 1 7 AM - 3 PM	2
3	4 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	5 1 11 PM - 7 AM 2 7 AM - 3 PM	6 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	7 1 11 PM - 7 AM 2 7 AM - 3 PM	8 1 11 PM - 7 AM 2 7 AM - 3 PM	9
10	11 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	12 \$ Union Meetings 2 11 PM - 7 AM 1 7 AM - 3 PM	13 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	14 2 11 PM - 7 AM 1 7 AM - 3 PM	15 Union Meeting 2 11 PM - 7 AM 1 7 AM - 3 PM	16
17	18 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	19 1 11 PM - 7 AM 2 7 AM - 3 PM	20 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	21 1 11 PM - 7 AM 2 7 AM - 3 PM	22 1 11 PM - 7 AM 2 7 AM - 3 PM	23
24	25 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	26 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	27 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	28 Thanksgiving 2 11 PM - 7 AM 1 7 AM - 3 PM	29 Thanksgiving 2 11 PM - 7 AM 1 7 AM - 3 PM	30

**December 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	3 1 11 PM - 7 AM 2 7 AM - 3 PM	4 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	5 1 11 PM - 7 AM 2 7 AM - 3 PM	6 1 11 PM - 7 AM 2 7 AM - 3 PM	7
8	9 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	10 \$ Union Meetings 2 11 PM - 7 AM 1 7 AM - 3 PM	11 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	12 2 11 PM - 7 AM 1 7 AM - 3 PM	13 Union Meeting 2 11 PM - 7 AM 1 7 AM - 3 PM	14
15	16 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	17 1 11 PM - 7 AM 2 7 AM - 3 PM	18 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	19 1 11 PM - 7 AM 2 7 AM - 3 PM	20 1 11 PM - 7 AM 2 7 AM - 3 PM	21
22	23 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	24 \$ Christmas Eve 2 11 PM - 7 AM 1 7 AM - 3 PM	25 Christmas 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	26 2 11 PM - 7 AM 1 7 AM - 3 PM	27 2 11 PM - 7 AM 1 7 AM - 3 PM	28
29	30 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	31 New Years Eve 1 11 PM - 7 AM 2 7 AM - 3 PM				

## January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I		1 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM  New Years	2 1 11 PM - 7 AM 2 7 AM - 3 PM	3 1 11 PM - 7 AM 2 7 AM - 3 PM	4
5	6 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	7 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	8 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	9 2 11 PM - 7 AM 1 7 AM - 3 PM	10 2 11 PM - 7 AM 1 7 AM - 3 PM	11
12	13 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	14 Union Meetings 1 11 PM - 7 AM 2 7 AM - 3 PM	15 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	16 1 11 PM - 7 AM 2 7 AM - 3 PM	17 Union Meeting 1 11 PM - 7 AM 2 7 AM - 3 PM	18
19	20 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	21 \$ 2 11 PM - 7 AM 1 7 AM - 3 PM	22 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	23 2 11 PM - 7 AM 1 7 AM - 3 PM	24 2 11 PM - 7 AM 1 7 AM - 3 PM	25
26	27 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	28 1 11 PM - 7 AM 2 7 AM - 3 PM	29 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	30 1 11 PM - 7 AM 2 7 AM - 3 PM	31 1 11 PM - 7 AM 2 7 AM - 3 PM	

## February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I						1
2	3	\$	4	5	6	7
	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	
9	10	Union Meetings	11	12	13	14
	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	
16	17	\$	18	19	20	21
	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	
23	24		25	26	27	28
	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	



## March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I						1
2	3	\$	4	5	6	7
Rotation II						8
2 11 PM - 7 AM 7 AM - 3 PM	2 11 PM - 7 AM 7 AM - 3 PM	2 11 PM - 7 AM 7 AM - 3 PM	2 11 PM - 7 AM 7 AM - 7PM 7 PM - 11 PM	2 11 PM - 7 AM 7 AM - 3 PM	2 11 PM - 7 AM 7 AM - 3 PM	
9	10	11	12	13	14	15
Rotation I		Union Meetings		Union Meeting		
1 11 PM - 7 AM 7 AM - 3 PM	1 11 PM - 7 AM 7 AM - 3 PM	1 11 PM - 7 AM 7 PM - 11 PM	1 11 PM - 7 AM 7 AM - 7PM 7 PM - 11 PM	1 11 PM - 7 AM 7 AM - 3 PM	1 11 PM - 7 AM 7 AM - 3 PM	
16	17	18	19	20	21	22
Rotation II						
2 11 PM - 7 AM 7 AM - 3 PM	2 11 PM - 7 AM 7 AM - 3 PM	2 11 PM - 7 AM 7 AM - 3 PM	2 11 PM - 7 AM 7 AM - 7PM 7 PM - 11 PM	2 11 PM - 7 AM 7 AM - 3 PM	2 11 PM - 7 AM 7 AM - 3 PM	
23	24	25	26	27	28	29
Rotation I						
1 11 PM - 7 AM 7 AM - 3 PM	1 11 PM - 7 AM 7 AM - 3 PM	1 11 PM - 7 AM 7 PM - 11 PM	1 11 PM - 7 AM 7 AM - 7PM 7 PM - 11 PM	1 11 PM - 7 AM 7 AM - 3 PM	1 11 PM - 7 AM 7 AM - 3 PM	
30	31					
Rotation II						
2 11 PM - 7 AM 7 AM - 3 PM						

<b>MEDICAL BENEFITS</b>	<b>In Network Benefit</b>		<b>Out of Network Benefit</b>
<b>Annual Deductible</b>			
Individual Family	\$350 \$700	\$700 \$1400	
Coinsurance Levels	80% (You Pay 20%)		70% (You Pay 30%)
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2500 \$5000	\$5000 \$10000	
Lifetime Maximum	Unlimited		
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay		60% after deductible 60% after deductible
Emergency Room Facility Charges	80% after \$150 copay (waived if admitted)		
Physician Charges	100% after \$25/\$30 copay		60% after deductible
<b>Preventive Care Benefits</b>			
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free		Not covered Not covered Not covered Not covered
Inpatient Hospital	80% after deductible		60% after deductible
Outpatient Hospital	80% after deductible		60% after deductible
Diagnostic X-rays & Labs	80% after deductible		60% after deductible
Most other medical services	80% after deductible		60% after deductible
<b>Insurance Premiums</b>	<b>2022</b>	<b>2023</b>	<b>2024</b>
Single	\$70 per month	\$70 per month	\$70 per month
Employee plus Children	\$100 per month	\$100 per month	\$100 per month
Employee plus Spouse	\$147 per month	\$147 per month	\$147 per month
Family	\$175 per month	\$175 per month	\$175 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
<b>Generic</b>	\$15	\$25	\$20	\$35
<b>Brand Formulary</b>	\$25	\$50	\$35	\$75
<b>Brand Non- Formulary</b>	\$35	\$75	\$55	\$110
<b>Management Program for active employees, Pre-Medicare and Post-Medicare retirees</b>	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

# Buy BF Goodrich Tires

# Buy Union

