

Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	Jun 2023	Jul 2023	Aug 2023	Sep 2023	Oct 2023	Nov 2023	Dec 2023	Jan 2024	Feb 2024	Mar 2024
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[Front Cover](#)

[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



Local 351L



2023—2024

XY

IMPORTANT PHONE NUMBERS

PSC	psc.lifeatworkportal.com	877 - 435 - 7868
REED GROUP	Fax # 518 - 880 - 6884	844 - 391 - 6672
MEDIMPACT	medimpactdirect.com	855 - 873 - 8739
MELS	Employee Life Services	800 - 537 - 5221
METLIFE	Dental Plan	800 - 942 - 0854
VSP	Vision Plan	800 - 877 - 7195
Blue Cross/Blue Shield	Health Care	800 - 334 - 9041
Michelin Help Desk	mypassword.michelin.com	844 - 352 - 5093
Plant Security		205 - 391 - 6261
Plant Dispensary		205 - 391 - 6224
Plant Cafeteria		205 - 391 - 6390
AFLAC Insurance	Rex Shanner	205 - 454 - 4237
Employee Tire Rebate	employeetirebenefits.michelin.net	888 - 276 - 3190
OPTUM—FSA	optumbank.com	800 - 243 - 5543
Union Hall	usw351.org	205 - 758 - 4476
ADP	portal.adp.com	
Vanguard	vanguard.com	800 - 523 - 1188
Plant Operations		205 - 391 - 6500

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years X 7 AM—7 PM	2 Rotation I X 7 AM — 3 PM	3 X 7 AM — 3 PM	4 X 7 AM — 3 PM Y 3 PM — 11 PM	5 X 7 AM — 3 PM Y 3 PM — 11 PM	6 X 7 AM — 3 PM	7 Y 7 AM — 7 PM
8 Y 7 AM—7 PM	9 Rotation II Y 7 AM — 3 PM	10 \$ Union Meetings Y 7 AM — 3 PM	11 Y 7 AM — 3 PM X 3 PM — 11 PM	12 Y 7 AM — 3 PM X 3 PM — 11 PM	13 Union Meeting Y 7 AM — 3 PM	14 X 7 AM — 7 PM
15 X 7 AM—7 PM	16 Rotation I X 7 AM — 3 PM	17 X 7 AM — 3 PM	18 X 7 AM — 3 PM Y 3 PM — 11 PM	19 X 7 AM — 3 PM Y 3 PM — 11 PM	20 X 7 AM — 3 PM	21 Y 7 AM — 7 PM
22 Y 7 AM—7 PM	23 Rotation II Y 7 AM — 3 PM	24 \$ Y 7 AM — 3 PM	25 Y 7 AM — 3 PM X 3 PM — 11 PM	26 Y 7 AM — 3 PM X 3 PM — 11 PM	27 Y 7 AM — 3 PM	28 X 7 AM — 7 PM
29 X 7 AM—7 PM	30 Rotation I X 7 AM — 3 PM	31 X 7 AM — 3 PM				

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I		1 X 7 AM — 3 PM Y 3 PM — 11 PM	2 X 7 AM — 3 PM Y 3 PM — 11 PM	3 X 7 AM — 3 PM	4 Y 7 AM — 7 PM
5 Y 7 AM—7 PM	6 Rotation II Y 7 AM — 3 PM	7 \$ Y 7 AM — 3 PM	8 Y 7 AM — 3 PM X 3 PM — 11 PM	9 Y 7 AM — 3 PM X 3 PM — 11 PM	10 Y 7 AM — 3 PM	11 X 7 AM — 7 PM
12 X 7 AM—7 PM	13 Rotation I X 7 AM — 3 PM	14 Union Meetings X 7 AM — 3 PM	15 X 7 AM — 3 PM Y 3 PM — 11 PM	16 X 7 AM — 3 PM Y 3 PM — 11 PM	17 Union Meeting X 7 AM — 3 PM	18 Y 7 AM — 7 PM
19 Y 7 AM—7 PM	20 Rotation II Y 7 AM — 3 PM	21 \$ Y 7 AM — 3 PM	22 Y 7 AM — 3 PM X 3 PM — 11 PM	23 Y 7 AM — 3 PM X 3 PM — 11 PM	24 Y 7 AM — 3 PM	25 X 7 AM — 7 PM
26 X 7 AM—7 PM	27 Rotation I X 7 AM — 3 PM	28 X 7 AM — 3 PM				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I		1 X 7 AM — 3 PM Y 3 PM — 11 PM	2 X 7 AM — 3 PM Y 3 PM — 11 PM	3 X 7 AM — 3 PM	4 Y 7 AM — 7 PM
5 Y 7 AM—7 PM	6 Rotation II Y 7 AM — 3 PM	7 \$ Y 7 AM — 3 PM	8 Y 7 AM — 3 PM X 3 PM — 11 PM	9 Y 7 AM — 3 PM X 3 PM — 11 PM	10 Y 7 AM — 3 PM	11 X 7 AM — 7 PM
12 X 7 AM—7 PM	13 Rotation I X 7 AM — 3 PM	14 Union Meetings X 7 AM — 3 PM	15 X 7 AM — 3 PM Y 3 PM — 11 PM	16 X 7 AM — 3 PM Y 3 PM — 11 PM	17 Union Meeting X 7 AM — 3 PM	18 Y 7 AM — 7 PM
19 Y 7 AM—7 PM	20 Rotation II Y 7 AM — 3 PM	21 \$ Y 7 AM — 3 PM	22 Y 7 AM — 3 PM X 3 PM — 11 PM	23 Y 7 AM — 3 PM X 3 PM — 11 PM	24 Y 7 AM — 3 PM	25 X 7 AM — 7 PM
26 X 7 AM—7 PM	27 Rotation I X 7 AM — 3 PM	28 X 7 AM — 3 PM	29 X 7 AM — 3 PM Y 3 PM — 11 PM	30 X 7 AM — 7 PM Y 3 PM — 11 PM	31 X 7 AM — 3 PM	

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I						1 Y 7 AM — 7 PM
2 Y 7 AM—7 PM	3 Rotation II Y 7 AM — 3 PM	4 \$ Y 7 AM — 3 PM	5 Y 7 AM — 3 PM X 3 PM — 11 PM	6 Y 7 AM — 3 PM X 3 PM — 11 PM	7 Y 7 AM — 3 PM	8 X 7 AM — 7 PM
9 EASTER X 7 AM—7 PM	10 Rotation I X 7 AM — 3 PM	11 Union Meetings X 7 AM — 3 PM	12 X 7 AM — 3 PM Y 3 PM — 11 PM	13 X 7 AM — 3 PM Y 3 PM — 11 PM	14 Union Meeting X 7 AM — 3 PM	15 Y 7 AM — 7 PM
16 Y 7 AM—7 PM	17 Rotation II Y 7 AM — 3 PM	18 \$ Y 7 AM — 3 PM	19 Y 7 AM — 3 PM X 3 PM — 11 PM	20 Y 7 AM — 3 PM X 3 PM — 11 PM	21 Y 7 AM — 3 PM	22 X 7 AM — 7 PM
23 X 7 AM—7 PM	24 Rotation I X 7 AM — 3 PM	25 X 7 AM — 3 PM	26 X 7 AM — 3 PM Y 3 PM — 11 PM	27 X 7 AM — 3 PM Y 3 PM — 11 PM	28 X 7 AM — 3 PM	29 Y 7 AM — 7 PM
30 Y 7 AM—7 PM						

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rotation II Y 7 AM — 3 PM	\$ 2	3 Y 7 AM — 3 PM X 3 PM — 11 PM	4 Y 7 AM — 3 PM X 3 PM — 11 PM	5 Y 7 AM — 3 PM	6 X 7 AM — 7 PM
7 X 7 AM—7 PM	8 Rotation I X 7 AM — 3 PM	Union Meetings 9	10 X 7 AM — 3 PM Y 3 PM — 11 PM	11 X 7 AM — 3 PM Y 3 PM — 11 PM	Union Meeting 12	13 Y 7 AM — 7 PM
14 Y 7 AM—7 PM	15 Rotation II Y 7 AM — 3 PM	\$ 16	17 Y 7 AM — 3 PM X 3 PM — 11 PM	18 Y 7 AM — 3 PM X 3 PM — 11 PM	19 Y 7 AM — 3 PM	20 X 7 AM — 7 PM
21 X 7 AM—7 PM	22 Rotation I X 7 AM — 3 PM	23 X 7 AM — 3 PM	24 X 7 AM — 3 PM Y 3 PM — 11 PM	25 X 7 AM — 3 PM Y 3 PM — 11 PM	26 X 7 AM — 3 PM	27 Y 7 AM — 7 PM
28 Y 7 AM—7 PM	29 Memorial Day Rotation II Y 7 AM — 3 PM	\$ 30	31 Y 7 AM — 3 PM X 3 PM — 11 PM			

June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	3
					Y 7 AM — 3 PM X 3 PM — 11 PM	Y 7 AM — 3 PM	X 7 AM — 7 PM
4	5	6	7	8	9	10	
X 7 AM—7 PM	Rotation I X 7 AM — 3 PM	X 7 AM — 3 PM	X 7 AM — 3 PM Y 3 PM — 11 PM	X 7 AM — 3 PM Y 3 PM — 11 PM	X 7 AM — 3 PM	Y 7 AM — 7 PM	
11	12	13	14	15	16	17	
Y 7 AM—7 PM	Rotation II Y 7 AM — 3 PM	\$ Union Meetings Y 7 AM — 3 PM	Y 7 AM — 3 PM X 3 PM — 11 PM	Y 7 AM — 3 PM X 3 PM — 11 PM	Union Meeting Y 7 AM — 3 PM	X 7 AM — 7 PM	
18	19	20	21	22	23	24	
X 7 AM—7 PM	Rotation I X 7 AM — 3 PM	X 7 AM — 3 PM	X 7 AM — 3 PM Y 3 PM — 11 PM	X 7 AM — 3 PM Y 3 PM — 11 PM	X 7 AM — 3 PM	Y 7 AM — 7 PM	
25	26	27	28	29	30		
Y 7 AM—7 PM	Rotation II Y 7 AM — 3 PM	\$ Y 7 AM — 3 PM	Y 7 AM — 3 PM X 3 PM — 11 PM	Y 7 AM — 3 PM X 3 PM — 11 PM	Y 7 AM — 3 PM		

July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II						1 X 7 AM — 7 PM
2 X 7 AM—7 PM	3 Rotation I X 7 AM — 3 PM	4 X 7 AM — 3 PM Independence Day	5 X 7 AM — 3 PM Y 3 PM — 11 PM	6 X 7 AM — 3 PM Y 3 PM — 11 PM	7 X 7 AM — 3 PM	8 Y 7 AM — 7 PM
9 Y 7 AM—7 PM	10 Rotation II Y 7 AM — 3 PM	\$ 11 Union Meetings Y 7 AM — 3 PM	12 Y 7 AM — 3 PM X 3 PM — 11 PM	13 Y 7 AM — 3 PM X 3 PM — 11 PM	14 Union Meeting Y 7 AM — 3 PM	15 X 7 AM — 7 PM
16 X 7 AM—7 PM	17 Rotation I X 7 AM — 3 PM	18 X 7 AM — 3 PM	19 X 7 AM — 3 PM Y 3 PM — 11 PM	20 X 7 AM — 3 PM Y 3 PM — 11 PM	21 X 7 AM — 3 PM	22 Y 7 AM — 7 PM
23 Y 7 AM—7 PM	24 Rotation II Y 7 AM — 3 PM	\$ 25 Y 7 AM — 3 PM	26 Y 7 AM — 3 PM X 3 PM — 11 PM	27 Y 7 AM — 3 PM X 3 PM — 11 PM	28 Y 7 AM — 3 PM	29 X 7 AM — 7 PM
30 X 7 AM—7 PM	31 Rotation I X 7 AM — 3 PM					

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I	1 X 7 AM — 3 PM	2 X 7 AM — 3 PM Y 3 PM — 11 PM	3 X 7 AM — 3 PM Y 3 PM — 11 PM	4 X 7 AM — 3 PM	5 Y 7 AM — 7 PM
6 Y 7 AM—7 PM	7 Rotation II Y 7 AM — 3 PM	8 \$ Union Meetings Y 7 AM — 3 PM	9 Y 7 AM — 3 PM X 3 PM — 11 PM	10 Y 7 AM — 3 PM X 3 PM — 11 PM	11 Union Meeting Y 7 AM — 3 PM	12 X 7 AM — 7 PM
13 X 7 AM—7 PM	14 Rotation I X 7 AM — 3 PM	15 X 7 AM — 3 PM	16 X 7 AM — 3 PM Y 3 PM — 11 PM	17 X 7 AM — 3 PM Y 3 PM — 11 PM	18 X 7 AM — 3 PM	19 Y 7 AM — 7 PM
20 Y 7 AM—7 PM	21 Rotation II Y 7 AM — 3 PM	22 \$ Y 7 AM — 3 PM	23 Y 7 AM — 3 PM X 3 PM — 11 PM	24 Y 7 AM — 3 PM X 3 PM — 11 PM	25 Y 7 AM — 3 PM	26 X 7 AM — 7 PM
27 X 7 AM—7 PM	28 Rotation I X 7 AM — 3 PM	29 X 7 AM — 3 PM	30 X 7 AM — 3 PM Y 3 PM — 11 PM	31 X 7 AM — 7 PM Y 3 PM — 11 PM		

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I					1 2 X 7 AM — 3 PM Y 7 AM — 7 PM
3 Y 7 AM—7 PM	Labor Day Rotation II Y 7 AM — 3 PM	4 \$ Y 7 AM — 3 PM	5 Y 7 AM — 3 PM X 3 PM — 11 PM	6 Y 7 AM — 3 PM X 3 PM — 11 PM	7 Y 7 AM — 3 PM	8 9 X 7 AM — 7 PM
10 X 7 AM—7 PM	11 Rotation I X 7 AM — 3 PM	12 Union Meetings X 7 AM — 3 PM	13 X 7 AM — 3 PM Y 3 PM — 11 PM	14 X 7 AM — 3 PM Y 3 PM — 11 PM	15 Union Meeting X 7 AM — 3 PM	16 Y 7 AM — 7 PM
17 Y 7 AM—7 PM	18 Rotation II Y 7 AM — 3 PM	19 \$ Y 7 AM — 3 PM	20 Y 7 AM — 3 PM X 3 PM — 11 PM	21 Y 7 AM — 3 PM X 3 PM — 11 PM	22 Y 7 AM — 3 PM	23 X 7 AM — 7 PM
24 X 7 AM—7 PM	25 Rotation I X 7 AM — 3 PM	26 X 7 AM — 3 PM	27 X 7 AM — 3 PM Y 3 PM — 11 PM	28 X 7 AM — 3 PM Y 3 PM — 11 PM	29 X 7 AM — 3 PM	30 Y 7 AM — 7 PM

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Y 7 AM — 7 PM	2 Rotation II Y 7 AM — 3 PM	3 \$ Y 7 AM — 3 PM	4 Y 7 AM — 3 PM X 3 PM — 11 PM	5 Y 7 AM — 3 PM X 3 PM — 11 PM	6 Y 7 AM — 3 PM	7 X 7 AM — 7 PM
8 X 7 AM — 7 PM	9 Rotation I X 7 AM — 3 PM	10 Union Meetings X 7 AM — 3 PM	11 X 7 AM — 3 PM Y 3 PM — 11 PM	12 X 7 AM — 3 PM Y 3 PM — 11 PM	13 Union Meeting X 7 AM — 3 PM	14 Y 7 AM — 7 PM
15 Y 7 AM — 7 PM	16 Rotation II Y 7 AM — 3 PM	17 \$ Y 7 AM — 3 PM	18 Y 7 AM — 3 PM X 3 PM — 11 PM	19 Y 7 AM — 3 PM X 3 PM — 11 PM	20 Y 7 AM — 3 PM	21 X 7 AM — 7 PM
22 X 7 AM — 7 PM	23 Rotation I X 7 AM — 3 PM	24 X 7 AM — 3 PM	25 X 7 AM — 3 PM Y 3 PM — 11 PM	26 X 7 AM — 3 PM Y 3 PM — 11 PM	27 X 7 AM — 3 PM	28 Y 7 AM — 7 PM
29 Y 7 AM — 7 PM	30 Rotation II Y 7 AM — 3 PM	31 \$ Y 7 AM — 3 PM				

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II		1 Y 7 AM — 3 PM X 3 PM — 11 PM	2 Y 7 AM — 3 PM X 3 PM — 11 PM	3 Y 7 AM — 3 PM	4 X 7 AM — 7 PM
5 X 7 AM—7 PM	6 Rotation I X 7 AM — 3 PM	7 X 7 AM — 3 PM	8 X 7 AM — 3 PM Y 3 PM — 11 PM	9 X 7 AM — 3 PM Y 3 PM — 11 PM	10 X 7 AM — 3 PM	11 Y 7 AM — 7 PM
12 Y 7 AM—7 PM	13 Rotation II Y 7 AM — 3 PM	14 \$ Union Meetings Y 7 AM — 3 PM	15 Y 7 AM — 3 PM X 3 PM — 11 PM	16 Y 7 AM — 3 PM X 3 PM — 11 PM	17 Union Meeting Y 7 AM — 3 PM	18 X 7 AM — 7 PM
19 X 7 AM—7 PM	20 Rotation I X 7 AM — 3 PM	21 X 7 AM — 3 PM	22 X 7 AM — 3 PM Y 3 PM — 11 PM	23 Thanksgiving X 7 AM — 3 PM Y 3 PM — 11 PM	24 Thanksgiving X 7 AM — 3 PM	25 Y 7 AM — 7 PM
26 Y 7 AM—7 PM	27 Rotation II Y 7 AM — 3 PM	28 \$ Y 7 AM — 3 PM	29 Y 7 AM — 3 PM X 3 PM — 11 PM	30 Y 7 AM — 3 PM X 3 PM — 11 PM		

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II					1 Y 7 AM — 3 PM	2 X 7 AM — 7 PM
3 X 7 AM—7 PM	4 Rotation I X 7 AM — 3 PM	5 X 7 AM — 3 PM	6 X 7 AM — 3 PM Y 3 PM — 11 PM	7 X 7 AM — 3 PM Y 3 PM — 11 PM	8 X 7 AM — 3 PM	9 Y 7 AM — 7 PM
10 Y 7 AM—7 PM	11 Rotation II Y 7 AM — 3 PM	12 \$ Union Meetings Y 7 AM — 3 PM	13 Y 7 AM — 3 PM X 3 PM — 11 PM	14 Y 7 AM — 3 PM X 3 PM — 11 PM	15 Union Meeting Y 7 AM — 3 PM	16 X 7 AM — 7 PM
17 X 7 AM—7 PM	18 Rotation I X 7 AM — 3 PM	19 X 7 AM — 3 PM	20 X 7 AM — 3 PM Y 3 PM — 11 PM	21 X 7 AM — 3 PM Y 3 PM — 11 PM	22 X 7 AM — 3 PM	23 Y 7 AM — 7 PM
24 Y 7 AM—7 PM Christmas Eve	25 Rotation II Y 7 AM — 3 PM Christmas	26 \$ Y 7 AM — 3 PM	27 Y 7 AM — 3 PM X 3 PM — 11 PM	28 Y 7 AM — 3 PM X 3 PM — 11 PM	29 Y 7 AM — 3 PM	30 X 7 AM — 7 PM
31 New Years Eve X 7 AM—7 PM						

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	New Years Rotation I X 7 AM — 3 PM	1	2	3	4	5	6
		X 7 AM — 3 PM	X 7 AM — 3 PM Y 3 PM — 11 PM	X 7 AM — 3 PM Y 3 PM — 11 PM	X 7 AM — 3 PM	X 7 AM — 3 PM	Y 7 AM — 7 PM
7	8	\$	9	10	11	12	13
Y 7 AM—7 PM	Rotation II Y 7 AM — 3 PM	Union Meetings	Y 7 AM — 3 PM X 3 PM — 11 PM	Y 7 AM — 3 PM X 3 PM — 11 PM	Union Meeting	Y 7 AM — 3 PM	X 7 AM — 7 PM
14	15	16	17	18	19	20	
X 7 AM—7 PM	Rotation I X 7 AM — 3 PM	X 7 AM — 3 PM	X 7 AM — 3 PM Y 3 PM — 11 PM	X 7 AM — 3 PM Y 3 PM — 11 PM	X 7 AM — 3 PM	Y 7 AM — 7 PM	
21	22	\$	23	24	25	26	27
Y 7 AM—7 PM	Rotation II Y 7 AM — 3 PM	Y 7 AM — 3 PM	Y 7 AM — 3 PM X 3 PM — 11 PM	Y 7 AM — 3 PM X 3 PM — 11 PM	Y 7 AM — 3 PM	X 7 AM — 7 PM	
28	29	30	31				
X 7 AM—7 PM	Rotation I X 7 AM — 3 PM	X 7 AM — 3 PM	X 7 AM — 3 PM Y 3 PM — 11 PM				

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I				1 X 7 AM — 3 PM Y 3 PM — 11 PM	2 X 7 AM — 3 PM	3 Y 7 AM — 7 PM
4 Y 7 AM—7 PM	5 Rotation II Y 7 AM — 3 PM	6 \$ Y 7 AM — 3 PM	7 Y 7 AM — 3 PM X 3 PM — 11 PM	8 Y 7 AM — 3 PM X 3 PM — 11 PM	9 Y 7 AM — 3 PM	10 X 7 AM — 7 PM
11 X 7 AM—7 PM	12 Rotation I X 7 AM — 3 PM	13 Union Meetings X 7 AM — 3 PM	14 X 7 AM — 3 PM Y 3 PM — 11 PM	15 Y 7 AM — 3 PM Y 3 PM — 11 PM	16 Union Meeting X 7 AM — 3 PM	17 Y 7 AM — 7 PM
18 Y 7 AM—7 PM	19 Rotation II Y 7 AM — 3 PM	20 \$ Y 7 AM — 3 PM	21 Y 7 AM — 3 PM X 3 PM — 11 PM	22 Y 7 AM — 3 PM X 3 PM — 11 PM	23 Y 7 AM — 3 PM	24 X 7 AM — 7 PM
25 X 7 AM—7 PM	26 Rotation I X 7 AM — 3 PM	27 X 7 AM — 3 PM	28 X 7 AM — 3 PM Y 3 PM — 11 PM	29 X 7 AM — 3 PM Y 3 PM — 11 PM		

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I					1 X 7 AM — 3 PM	2 Y 7 AM — 7 PM
3 Y 7 AM—7 PM	4 Rotation II Y 7 AM — 3 PM	5 \$ Y 7 AM — 3 PM	6 Y 7 AM — 3 PM X 3 PM — 11 PM	7 Y 7 AM — 3 PM X 3 PM — 11 PM	8 Y 7 AM — 3 PM	9 X 7 AM — 7 PM
10 X 7 AM—7 PM	11 Rotation I X 7 AM — 3 PM	12 Union Meetings X 7 AM — 3 PM	13 X 7 AM — 3 PM Y 3 PM — 11 PM	14 X 7 AM — 3 PM Y 3 PM — 11 PM	15 Union Meeting X 7 AM — 3 PM	16 Y 7 AM — 7 PM
17 Y 7 AM—7 PM	18 Rotation II Y 7 AM — 3 PM	19 \$ Y 7 AM — 3 PM	20 Y 7 AM — 3 PM X 3 PM — 11 PM	21 Y 7 AM — 3 PM X 3 PM — 11 PM	22 Y 7 AM — 3 PM	23 X 7 AM — 7 PM
24 X 7 AM—7 PM	25 Rotation I X 7 AM — 3 PM	26 X 7 AM — 3 PM	27 X 7 AM — 3 PM Y 3 PM — 11 PM	28 X 7 AM — 3 PM Y 3 PM — 11 PM	29 X 7 AM — 3 PM	30 Y 7 AM — 7 PM
31 Y 7 AM—7 PM						

MEDICAL BENEFITS	In Network Benefit		Out of Network Benefit
Annual Deductible			
Individual Family	\$350 \$700	\$700 \$1400	
Coinsurance Levels	80% (You Pay 20%)		70% (You Pay 30%)
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2500 \$5000		\$5000 \$10000
Lifetime Maximum	Unlimited		
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay		60% after deductible 60% after deductible
Emergency Room Facility Charges	80% after \$150 copay (waived if admitted)		
Physician Charges	100% after \$25/\$30 copay		60% after deductible
Preventive Care Benefits			
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free		Not covered Not covered Not covered Not covered
Inpatient Hospital	80% after deductible		60% after deductible
Outpatient Hospital	80% after deductible		60% after deductible
Diagnostic X-rays & Labs	80% after deductible		60% after deductible
Most other medical services	80% after deductible		60% after deductible
Insurance Premiums	2022	2023	2024
Single	\$70 per month	\$70 per month	\$70 per month
Employee plus Children	\$100 per month	\$100 per month	\$100 per month
Employee plus Spouse	\$147 per month	\$147 per month	\$147 per month
Family	\$175 per month	\$175 per month	\$175 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
Generic	\$15	\$25	\$20	\$35
Brand Formulary	\$25	\$50	\$35	\$75
Brand Non- Formulary	\$35	\$75	\$55	\$110
Management Program for active employees, Pre-Medicare and Post- Medicare retirees	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

Buy BF Goodrich Tires

Buy Union

