

Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	Jun 2023	Jul 2023	Aug 2023	Sep 2023	Oct 2023	Nov 2023	Dec 2023	Jan 2024	Feb 2024	Mar 2024
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[Front Cover](#)

[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



Local 351L



2023—2024

T-U-V

IMPORTANT PHONE NUMBERS

PSC	psc.lifeatworkportal.com	877 - 435 - 7868
REED GROUP	Fax # 518 - 880 - 6884	844 - 391 - 6672
MEDIMPACT	medimpactdirect.com	855 - 873 - 8739
MELS	Employee Life Services	800 - 537 - 5221
METLIFE	Dental Plan	800 - 942 - 0854
VSP	Vision Plan	800 - 877 - 7195
Blue Cross/Blue Shield	Health Care	800 - 334 - 9041
Michelin Help Desk	mypassword.michelin.com	844 - 352 - 5093
Plant Security		205 - 391 - 6261
Plant Dispensary		205 - 391 - 6224
Plant Cafeteria		205 - 391 - 6390
AFLAC Insurance	Rex Shanner	205 - 454 - 4237
Employee Tire Rebate	employeetirebenefits.michelin.net	888 - 276 - 3190
OPTUM—FSA	optumbank.com	800 - 243 - 5543
Union Hall	usw351.org	205 - 758 - 4476
ADP	portal.adp.com	
Vanguard	vanguard.com	800 - 523 - 1188
Plant Operations		205 - 391 - 6500

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Years 1 V 7 AM - 7 PM	2 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	3 U 7 AM - 3 PM V 3 PM - 11 PM	4 U 7 AM - 3 PM V 3 PM - 11 PM	5 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	6 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	7 T 7 AM - 7 PM
8 T 7 AM - 7 PM	9 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	\$ 10 Union Meetings V 7 AM - 3 PM T 3 PM - 11 PM	11 V 7 AM - 3 PM T 3 PM - 11 PM	12 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	13 Union Meeting U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	14 U 7 AM - 7 PM
15 U 7 AM - 7 PM	16 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	17 T 7 AM - 3 PM U 3 PM - 11 PM	18 T 7 AM - 3 PM U 3 PM - 11 PM	19 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	20 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	21 V 7 AM - 7 PM
22 V 7 AM - 7 PM	23 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	\$ 24 U 7 AM - 3 PM V 3 PM - 11 PM	25 U 7 AM - 3 PM V 3 PM - 11 PM	26 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	27 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	28 T 7 AM - 7 PM
29 T 7 AM - 7 PM	30 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	31 V 7 AM - 3 PM T 3 PM - 11 PM				

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation III		1 V 7 AM - 3 PM T 3 PM - 11 PM	2 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	3 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	4 U 7 AM - 7 PM
5 U 7 AM - 7 PM	6 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	7 \$ T 7 AM - 3 PM U 3 PM - 11 PM	8 T 7 AM - 3 PM U 3 PM - 11 PM	9 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	10 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	11 V 7 AM - 7 PM
12 V 7 AM - 7 PM	13 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	14 Union Meetings U 7 AM - 3 PM V 3 PM - 11 PM	15 U 7 AM - 3 PM V 3 PM - 11 PM	16 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	17 Union Meeting T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	18 T 7 AM - 7 PM
19 T 7 AM - 7 PM	20 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	21 \$ V 7 AM - 3 PM T 3 PM - 11 PM	22 V 7 AM - 3 PM T 3 PM - 11 PM	23 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	24 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	25 U 7 AM - 7 PM
26 U 7 AM - 7 PM	27 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	28 T 7 AM - 3 PM U 3 PM - 11 PM				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I		1 T 7 AM - 3 PM U 3 PM - 11 PM	2 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	3 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	4 V 7 AM - 7 PM
5 V 7 AM - 7 PM	6 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	7 \$ U 7 AM - 3 PM V 3 PM - 11 PM	8 U 7 AM - 3 PM V 3 PM - 11 PM	9 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	10 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	11 T 7 AM - 7 PM
12 T 7 AM - 7 PM	13 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	14 Union Meetings V 7 AM - 3 PM T 3 PM - 11 PM	15 V 7 AM - 3 PM T 3 PM - 11 PM	16 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	17 Union Meeting U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	18 U 7 AM - 7 PM
19 U 7 AM - 7 PM	20 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	21 \$ T 7 AM - 3 PM U 3 PM - 11 PM	22 T 7 AM - 3 PM U 3 PM - 11 PM	23 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	24 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	25 V 7 AM - 7 PM
26 V 7 AM - 7 PM	27 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	28 U 7 AM - 3 PM V 3 PM - 11 PM	29 U 7 AM - 3 PM V 3 PM - 11 PM	30 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	31 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II						1 T 7 AM - 7 PM
2 T 7 AM - 7 PM	3 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	\$ 4 V 7 AM - 3 PM T 3 PM - 11 PM	5 V 7 AM - 3 PM T 3 PM - 11 PM	6 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	7 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	8 U 7 AM - 7 PM
9 EASTER U 7 AM - 7 PM	10 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	Union Meetings 11 T 7 AM - 3 PM U 3 PM - 11 PM	12 T 7 AM - 3 PM U 3 PM - 11 PM	13 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	Union Meeting 14 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	15 V 7 AM - 7 PM
16 V 7 AM - 7 PM	17 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	\$ 18 U 7 AM - 3 PM V 3 PM - 11 PM	19 U 7 AM - 3 PM V 3 PM - 11 PM	20 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	21 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	22 T 7 AM - 7 PM
23 T 7 AM - 7 PM	24 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	25 V 7 AM - 3 PM T 3 PM - 11 PM	26 V 7 AM - 3 PM T 3 PM - 11 PM	27 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	28 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	29 U 7 AM - 7 PM
30 U 7 AM - 7 PM						

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	\$ 2 T 7 AM - 3 PM U 3 PM - 11 PM	3 T 7 AM - 3 PM U 3 PM - 11 PM	4 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	5 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	6 V 7 AM - 7 PM
7 V 7 AM - 7 PM	8 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	9 Union Meetings U 7 AM - 3 PM V 3 PM - 11 PM	10 U 7 AM - 3 PM V 3 PM - 11 PM	11 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	12 Union Meeting T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	13 T 7 AM - 7 PM
14 T 7 AM - 7 PM	15 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	16 \$ V 7 AM - 3 PM T 3 PM - 11 PM	17 V 7 AM - 3 PM T 3 PM - 11 PM	18 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	19 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	20 U 7 AM - 7 PM
21 U 7 AM - 7 PM	22 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	23 T 7 AM - 3 PM U 3 PM - 11 PM	24 T 7 AM - 3 PM U 3 PM - 11 PM	25 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	26 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	27 V 7 AM - 7 PM
28 V 7 AM - 7 PM	29 Memorial Day Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	30 \$ U 7 AM - 3 PM V 3 PM - 11 PM	31 U 7 AM - 3 PM V 3 PM - 11 PM			

June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II			1 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	2 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	3 T 7 AM - 7 PM
4 T 7 AM - 7 PM	5 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	6 V 7 AM - 3 PM T 3 PM - 11 PM	7 V 7 AM - 3 PM T 3 PM - 11 PM	8 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	9 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	10 U 7 AM - 7 PM
11 U 7 AM - 7 PM	12 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	13 \$ Union Meetings T 7 AM - 3 PM U 3 PM - 11 PM	14 T 7 AM - 3 PM U 3 PM - 11 PM	15 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	16 Union Meeting V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	17 V 7 AM - 7 PM
18 V 7 AM - 7 PM	19 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	20 U 7 AM - 3 PM V 3 PM - 11 PM	21 U 7 AM - 3 PM V 3 PM - 11 PM	22 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	23 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	24 T 7 AM - 7 PM
25 T 7 AM - 7 PM	26 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	27 \$ V 7 AM - 3 PM T 3 PM - 11 PM	28 V 7 AM - 3 PM T 3 PM - 11 PM	29 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	30 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	

July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation III						1 U 7 AM - 7 PM
2 U 7 AM - 7 PM	3 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	4 Independence Day T 7 AM - 3 PM U 3 PM - 11 PM	5 T 7 AM - 3 PM U 3 PM - 11 PM	6 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	7 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	8 V 7 AM - 7 PM
9 V 7 AM - 7 PM	10 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	11 \$ Union Meetings U 7 AM - 3 PM V 3 PM - 11 PM	12 U 7 AM - 3 PM V 3 PM - 11 PM	13 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	14 Union Meeting T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	15 T 7 AM - 7 PM
16 T 7 AM - 7 PM	17 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	18 V 7 AM - 3 PM T 3 PM - 11 PM	19 V 7 AM - 3 PM T 3 PM - 11 PM	20 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	21 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	22 U 7 AM - 7 PM
23 U 7 AM - 7 PM	24 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	25 \$ T 7 AM - 3 PM U 3 PM - 11 PM	26 T 7 AM - 3 PM U 3 PM - 11 PM	27 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	28 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	29 V 7 AM - 7 PM
30 V 7 AM - 7 PM	31 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM					

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II	1 U 7 AM - 3 PM V 3 PM - 11 PM	2 U 7 AM - 3 PM V 3 PM - 11 PM	3 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	4 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	5 T 7 AM - 7 PM
6 T 7 AM - 7 PM	7 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	8 \$ Union Meetings V 7 AM - 3 PM T 3 PM - 11 PM	9 V 7 AM - 3 PM T 3 PM - 11 PM	10 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	11 Union Meeting U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	12 U 7 AM - 7 PM
13 U 7 AM - 7 PM	14 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	15 T 7 AM - 3 PM U 3 PM - 11 PM	16 T 7 AM - 3 PM U 3 PM - 11 PM	17 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	18 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	19 V 7 AM - 7 PM
20 V 7 AM - 7 PM	21 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	22 \$ U 7 AM - 3 PM V 3 PM - 11 PM	23 U 7 AM - 3 PM V 3 PM - 11 PM	24 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	25 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	26 T 7 AM - 7 PM
27 T 7 AM - 7 PM	28 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	29 V 7 AM - 3 PM T 3 PM - 11 PM	30 V 7 AM - 3 PM T 3 PM - 11 PM	31 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM		

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation III					1 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	2 U 7 AM - 7 PM
3 U 7 AM - 7 PM	Labor Day Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	4 \$ T 7 AM - 3 PM U 3 PM - 11 PM	5 T 7 AM - 3 PM U 3 PM - 11 PM	6 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	7 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	8 V 7 AM - 7 PM
10 V 7 AM - 7 PM	11 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	12 Union Meetings U 7 AM - 3 PM V 3 PM - 11 PM	13 U 7 AM - 3 PM V 3 PM - 11 PM	14 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	15 Union Meeting T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	16 T 7 AM - 7 PM
17 T 7 AM - 7 PM	18 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	19 \$ V 7 AM - 3 PM T 3 PM - 11 PM	20 V 7 AM - 3 PM T 3 PM - 11 PM	21 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	22 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	23 U 7 AM - 7 PM
24 U 7 AM - 7 PM	25 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	26 T 7 AM - 3 PM U 3 PM - 11 PM	27 T 7 AM - 3 PM U 3 PM - 11 PM	28 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	29 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	30 V 7 AM - 7 PM

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 V 7 AM - 7 PM	2 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	3 \$ U 7 AM - 3 PM V 3 PM - 11 PM	4 U 7 AM - 3 PM V 3 PM - 11 PM	5 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	6 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	7 T 7 AM - 7 PM
8 T 7 AM - 7 PM	9 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	10 Union Meetings V 7 AM - 3 PM T 3 PM - 11 PM	11 V 7 AM - 3 PM T 3 PM - 11 PM	12 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	13 Union Meeting U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	14 U 7 AM - 7 PM
15 U 7 AM - 7 PM	16 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	17 \$ T 7 AM - 3 PM U 3 PM - 11 PM	18 T 7 AM - 3 PM U 3 PM - 11 PM	19 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	20 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	21 V 7 AM - 7 PM
22 V 7 AM - 7 PM	23 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	24 U 7 AM - 3 PM V 3 PM - 11 PM	25 U 7 AM - 3 PM V 3 PM - 11 PM	26 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	27 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	28 T 7 AM - 7 PM
29 T 7 AM - 7 PM	30 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	31 \$ V 7 AM - 3 PM T 3 PM - 11 PM				

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation III		1 V 7 AM - 3 PM T 3 PM - 11 PM	2 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	3 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	4 U 7 AM - 7 PM
5 U 7 AM - 7 PM	6 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	7 T 7 AM - 3 PM U 3 PM - 11 PM	8 T 7 AM - 3 PM U 3 PM - 11 PM	9 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	10 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	11 V 7 AM - 7 PM
12 V 7 AM - 7 PM	13 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	14 \$ Union Meetings U 7 AM - 3 PM V 3 PM - 11 PM	15 U 7 AM - 3 PM V 3 PM - 11 PM	16 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	17 Union Meeting T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	18 T 7 AM - 7 PM
19 T 7 AM - 7 PM	20 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	21 V 7 AM - 3 PM T 3 PM - 11 PM	22 V 7 AM - 3 PM T 3 PM - 11 PM	23 Thanksgiving U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	24 Thanksgiving U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	25 U 7 AM - 7 PM
26 U 7 AM - 7 PM	27 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	28 \$ T 7 AM - 3 PM U 3 PM - 11 PM	29 T 7 AM - 3 PM U 3 PM - 11 PM	30 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM		

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I					1 2 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM V 7 AM - 7 PM
3 V 7 AM - 7 PM	4 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	5 U 7 AM - 3 PM V 3 PM - 11 PM	6 U 7 AM - 3 PM V 3 PM - 11 PM	7 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	8 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	9 T 7 AM - 7 PM
10 T 7 AM - 7 PM	11 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	12 \$ Union Meetings V 7 AM - 3 PM T 3 PM - 11 PM	13 V 7 AM - 3 PM T 3 PM - 11 PM	14 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	15 Union Meeting U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	16 U 7 AM - 7 PM
17 U 7 AM - 7 PM	18 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	19 T 7 AM - 3 PM U 3 PM - 11 PM	20 T 7 AM - 3 PM U 3 PM - 11 PM	21 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	22 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	23 V 7 AM - 7 PM
24 V 7 AM - 7 PM Christmas Eve	25 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM Christmas	26 \$ U 7 AM - 3 PM V 3 PM - 11 PM	27 U 7 AM - 3 PM V 3 PM - 11 PM	28 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	29 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	30 T 7 AM - 7 PM
31 T 7 AM - 7 PM New Years Eve						

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	2 V 7 AM - 3 PM T 3 PM - 11 PM	3 V 7 AM - 3 PM T 3 PM - 11 PM	4 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	5 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	6 U 7 AM - 7 PM
7 U 7 AM - 7 PM	8 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	9 \$ Union Meetings T 7 AM - 3 PM U 3 PM - 11 PM	10 T 7 AM - 3 PM U 3 PM - 11 PM	11 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	12 Union Meeting V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	13 V 7 AM - 7 PM
14 V 7 AM - 7 PM	15 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	16 U 7 AM - 3 PM V 3 PM - 11 PM	17 U 7 AM - 3 PM V 3 PM - 11 PM	18 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	19 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	20 T 7 AM - 7 PM
21 T 7 AM - 7 PM	22 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	23 \$ V 7 AM - 3 PM T 3 PM - 11 PM	24 V 7 AM - 3 PM T 3 PM - 11 PM	25 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	26 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	27 U 7 AM - 7 PM
28 U 7 AM - 7 PM	29 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	30 T 7 AM - 3 PM U 3 PM - 11 PM	31 T 7 AM - 3 PM U 3 PM - 11 PM			

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	3
	Rotation I			V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	V 7 AM - 7 PM	
4		5	6	7	8	9	10
V 7 AM - 7 PM	Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	\$ U 7 AM - 3 PM V 3 PM - 11 PM	U 7 AM - 3 PM V 3 PM - 11 PM	U 7 AM - 3 PM V 3 PM - 11 PM	T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	T 7 AM - 7 PM
11		12	13	14	15	16	17
T 7 AM - 7 PM	Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	Union Meetings V 7 AM - 3 PM T 3 PM - 11 PM	V 7 AM - 3 PM T 3 PM - 11 PM	V 7 AM - 3 PM T 3 PM - 11 PM	U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	Union Meeting U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	U 7 AM - 7 PM
18		19	20	21	22	23	24
U 7 AM - 7 PM	Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	\$ T 7 AM - 3 PM U 3 PM - 11 PM	T 7 AM - 3 PM U 3 PM - 11 PM	T 7 AM - 3 PM U 3 PM - 11 PM	V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	V 7 AM - 7 PM
25		26	27	28	29		
V 7 AM - 7 PM	Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	U 7 AM - 3 PM V 3 PM - 11 PM	U 7 AM - 3 PM V 3 PM - 11 PM	U 7 AM - 3 PM V 3 PM - 11 PM	T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM		

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II					1 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	2 T 7 AM - 7 PM
3 T 7 AM - 7 PM	4 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	5 \$ V 7 AM - 3 PM T 3 PM - 11 PM	6 V 7 AM - 3 PM T 3 PM - 11 PM	7 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	8 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	9 U 7 AM - 7 PM
10 U 7 AM - 7 PM	11 Rotation I T 7 AM - 3 PM U 3 PM - 11 PM	12 Union Meetings T 7 AM - 3 PM U 3 PM - 11 PM	13 T 7 AM - 3 PM U 3 PM - 11 PM	14 V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	15 Union Meeting V 11 PM - 7 AM T 7 AM - 3 PM U 3 PM - 11 PM	16 V 7 AM - 7 PM
17 V 7 AM - 7 PM	18 Rotation II U 7 AM - 3 PM V 3 PM - 11 PM	19 \$ U 7 AM - 3 PM V 3 PM - 11 PM	20 U 7 AM - 3 PM V 3 PM - 11 PM	21 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	22 T 11 PM - 7 AM U 7 AM - 3 PM V 3 PM - 11 PM	23 T 7 AM - 7 PM
24 T 7 AM - 7 PM	25 Rotation III V 7 AM - 3 PM T 3 PM - 11 PM	26 V 7 AM - 3 PM T 3 PM - 11 PM	27 V 7 AM - 3 PM T 3 PM - 11 PM	28 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	29 U 11 PM - 7 AM V 7 AM - 3 PM T 3 PM - 11 PM	30 U 7 AM - 7 PM
31 U 7 AM - 7 PM						

MEDICAL BENEFITS	In Network Benefit		Out of Network Benefit
Annual Deductible			
Individual Family	\$350 \$700	\$700 \$1400	
Coinsurance Levels	80% (You Pay 20%)		70% (You Pay 30%)
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2500 \$5000		\$5000 \$10000
Lifetime Maximum	Unlimited		
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay		60% after deductible 60% after deductible
Emergency Room Facility Charges	80% after \$150 copay (waived if admitted)		
Physician Charges	100% after \$25/\$30 copay		60% after deductible
Preventive Care Benefits			
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free		Not covered Not covered Not covered Not covered
Inpatient Hospital	80% after deductible		60% after deductible
Outpatient Hospital	80% after deductible		60% after deductible
Diagnostic X-rays & Labs	80% after deductible		60% after deductible
Most other medical services	80% after deductible		60% after deductible
Insurance Premiums	2022	2023	2024
Single	\$70 per month	\$70 per month	\$70 per month
Employee plus Children	\$100 per month	\$100 per month	\$100 per month
Employee plus Spouse	\$147 per month	\$147 per month	\$147 per month
Family	\$175 per month	\$175 per month	\$175 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
Generic	\$15	\$25	\$20	\$35
Brand Formulary	\$25	\$50	\$35	\$75
Brand Non-Formulary	\$35	\$75	\$55	\$110
Management Program for active employees, Pre-Medicare and Post-Medicare retirees	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

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