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[Front Cover](#)

[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



Local 351L



2023—2024

M-N-O

IMPORTANT PHONE NUMBERS

PSC	psc.lifeatworkportal.com	877 - 435 - 7868
REED GROUP	Fax # 518 - 880 - 6884	844 - 391 - 6672
MEDIMPACT	medimpactdirect.com	855 - 873 - 8739
MELS	Employee Life Services	800 - 537 - 5221
METLIFE	Dental Plan	800 - 942 - 0854
VSP	Vision Plan	800 - 877 - 7195
Blue Cross/Blue Shield	Health Care	800 - 334 - 9041
Michelin Help Desk	mypassword.michelin.com	844 - 352 - 5093
Plant Security		205 - 391 - 6261
Plant Dispensary		205 - 391 - 6224
Plant Cafeteria		205 - 391 - 6390
AFLAC Insurance	Rex Shanner	205 - 454 - 4237
Employee Tire Rebate	employeetirebenefits.michelin.net	888 - 276 - 3190
OPTUM—FSA	optumbank.com	800 - 243 - 5543
Union Hall	usw351.org	205 - 758 - 4476
ADP	portal.adp.com	
Vanguard	vanguard.com	800 - 523 - 1188
Plant Operations		205 - 391 - 6500

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years	2 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	3 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	4 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	5 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	6 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	7
8	9 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	10 \$ Union Meetings M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	11 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	12 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	13 Union Meeting M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	14
15	16 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	17 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	18 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	19 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	20 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	21
22	23 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	24 \$ N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	25 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	26 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	27 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	28
29	30 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	31 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM				

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation III		1 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	2 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	3 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	4
5	6 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	7 \$ O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	8 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	9 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	10 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	11
12	13 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	14 Union Meetings N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	15 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	16 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	17 Union Meeting N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	18
19	20 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	21 \$ M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	22 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	23 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	24 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	25
26	27 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	28 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Rotation I		1 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	2 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	3 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	4	
5	Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	6 \$ N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	7 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	8 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	9 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	10	11
12	Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	13 Union Meetings M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	14 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	15 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	16 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	17 Union Meeting M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	18
19	Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	20 \$ O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	21 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	22 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	23 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	24	25
26	Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	27 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	28 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	29 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	30 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	31	

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II						1
2	3 Rotation III	4 \$	5	6	7	8
	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	
EASTER 9	10 Rotation I	11 Union Meetings	12	13	14 Union Meeting	15
	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	
16	17 Rotation II	18 \$	19	20	21	22
	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	
23	24 Rotation III	25	26	27	28	29
	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	
30						

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	\$ 2	3	4	5	6
7	8 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	Union Meetings 9	10	11	Union Meeting 12	13
14	15 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	\$ 16	17	18	19	20
21	22 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	23	24	25	26	27
28	29 Memorial Day Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	\$ 30	31			

June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Rotation II					1 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	2 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	3
4	5	6	7	8	9	10	
Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM		M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM		M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM		M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	
11	12	13	14	15	16	17	
Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM		\$ Union Meetings O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM		O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM		Union Meeting O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	
18	19	20	21	22	23	24	
Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM		N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM		N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM		N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	
25	26	27	28	29	30		
Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM		\$ M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM		M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM		M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	

July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation III						1
2	3	4 Independence Day	5	6	7	8
	Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	
9	10	11 Union Meetings	12	13	14 Union Meeting	15
	Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	
16	17	18	19	20	21	22
	Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	
23	24	25 \$	26	27	28	29
	Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	
30	31					
	Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM					

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II	1 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	2 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	3 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	4 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	5
6	Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	7 \$ Union Meetings M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	8	9 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	10	11 Union Meeting M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM
13	Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	14	15 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	16 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	17 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	18
20	Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	21 \$	22	23 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	24 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	25
27	Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	28	29 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	30 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	31	

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Rotation III					1 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	2	
3	Labor Day Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	4 \$ O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	5 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	6 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	7 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	8 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	9
10	11 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	12 Union Meetings N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	13 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	14 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	15 Union Meeting N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	16	
17	18 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	19 \$ M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	20 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	21 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	22 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	23	
24	25 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	26 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	27 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	28 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	29 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	30	

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3 \$	4	5	6	7	
	Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	
8	9	10 Union Meetings	11	12	13 Union Meeting	14	
	Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	
15	16	17 \$	18	19	20	21	
	Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	
22	23	24	25	26	27	28	
	Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	
29	30	31 \$					
	Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM					

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Rotation III		1 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	2 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	3 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	4	
5	Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	6 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	7 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	8 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	9 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	10	11
12	Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	13 \$ Union Meetings N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	14 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	15 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	16 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	17 Union Meeting N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	18
19	Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	20 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	21 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	22 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	23 Thanksgiving M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	24 Thanksgiving M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	25
26	Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	27 \$ O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	28 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	29 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	30		

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I					1 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	2
3	4 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	5 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	6 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	7 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	8 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	9
10	11 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	12 \$ Union Meetings M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	13 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	14 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	15 Union Meeting M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	16
17	18 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	19 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	20 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	21 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	22 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	23
24	25 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM Christmas	26 \$ N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	27 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	28 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	29 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	30
Christmas Eve						
New Years Eve ³¹						

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	2 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	3 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	4 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	5 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	6
7	8 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	9 \$ Union Meetings O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	10 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	11 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	12 Union Meeting O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	13
14	15 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	16 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	17 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	18 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	19 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	20
21	22 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	23 \$ M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	24 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	25 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	26 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	27
28	29 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	30 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	31 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM			

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I				1 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	2 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	3
4	5 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	6 \$ N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	7 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	8 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	9 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	10
11	12 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	13 Union Meetings M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	14 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	15 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	16 Union Meeting M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	17
18	19 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	20 \$ O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	21 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	22 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	23 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	24
25	26 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	27 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	28 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	29 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM		

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II					1 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	2
3 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	4	\$ 5 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	6 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	7 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	8 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	9
10 Rotation I O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	11	Union Meetings 12 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	13 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	14 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	Union Meeting 15 O 11 PM - 7 AM N 7 AM - 3 PM M 3 PM - 11 PM	16
17 Rotation II N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	18	\$ 19 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	20 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	21 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	22 N 11 PM - 7 AM M 7 AM - 3 PM O 3 PM - 11 PM	23
24 Rotation III M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	25	26 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	27 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	28 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	29 M 11 PM - 7 AM O 7 AM - 3 PM N 3 PM - 11 PM	30
31						

MEDICAL BENEFITS	In Network Benefit		Out of Network Benefit
Annual Deductible			
Individual Family	\$350 \$700	\$700 \$1400	
Coinsurance Levels	80% (You Pay 20%)		70% (You Pay 30%)
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2500 \$5000	\$5000 \$10000	
Lifetime Maximum	Unlimited		
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay		60% after deductible 60% after deductible
Emergency Room Facility Charges	80% after \$150 copay (waived if admitted)		
Physician Charges	100% after \$25/\$30 copay		60% after deductible
Preventive Care Benefits			
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free		Not covered Not covered Not covered Not covered
Inpatient Hospital	80% after deductible		60% after deductible
Outpatient Hospital	80% after deductible		60% after deductible
Diagnostic X-rays & Labs	80% after deductible		60% after deductible
Most other medical services	80% after deductible		60% after deductible
Insurance Premiums	2022	2023	2024
Single	\$70 per month	\$70 per month	\$70 per month
Employee plus Children	\$100 per month	\$100 per month	\$100 per month
Employee plus Spouse	\$147 per month	\$147 per month	\$147 per month
Family	\$175 per month	\$175 per month	\$175 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
Generic	\$15	\$25	\$20	\$35
Brand Formulary	\$25	\$50	\$35	\$75
Brand Non-Formulary	\$35	\$75	\$55	\$110
Management Program for active employees, Pre-Medicare and Post-Medicare retirees	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

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