

<a href="#">Jan 2023</a>	<a href="#">Feb 2023</a>	<a href="#">Mar 2023</a>	<a href="#">Apr 2023</a>	<a href="#">May 2023</a>	<a href="#">Jun 2023</a>	<a href="#">Jul 2023</a>	<a href="#">Aug 2023</a>	<a href="#">Sep 2023</a>	<a href="#">Oct 2023</a>	<a href="#">Nov 2023</a>	<a href="#">Dec 2023</a>	<a href="#">Jan 2024</a>	<a href="#">Feb 2024</a>	<a href="#">Mar 2024</a>
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[Front Cover](#)

[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



# Local 351L



**2023—2024**  
**ABCD (Modified Curing)**

**IMPORTANT PHONE NUMBERS**

<b>PSC</b>	<b>psc.lifeatworkportal.com</b>	<b>877 - 435 - 7868</b>
<b>REED GROUP</b>	<b>Fax # 518 - 880 - 6884</b>	<b>844 - 391 - 6672</b>
<b>MEDIMPACT</b>	<b>medimpactdirect.com</b>	<b>855 - 873 - 8739</b>
<b>MELS</b>	<b>Employee Life Services</b>	<b>800 - 537 - 5221</b>
<b>METLIFE</b>	<b>Dental Plan</b>	<b>800 - 942 - 0854</b>
<b>VSP</b>	<b>Vision Plan</b>	<b>800 - 877 - 7195</b>
<b>Blue Cross/Blue Shield</b>	<b>Health Care</b>	<b>800 - 334 - 9041</b>
<b>Michelin Help Desk</b>	<b>mypassword.michelin.com</b>	<b>844 - 352 - 5093</b>
<b>Plant Security</b>		<b>205 - 391 - 6261</b>
<b>Plant Dispensary</b>		<b>205 - 391 - 6224</b>
<b>Plant Cafeteria</b>		<b>205 - 391 - 6390</b>
<b>AFLAC Insurance</b>	<b>Rex Shanner</b>	<b>205 - 454 - 4237</b>
<b>Employee Tire Rebate</b>	<b>employeetirebenefits.michelin.net</b>	<b>888 - 276 - 3190</b>
<b>OPTUM—FSA</b>	<b>optumbank.com</b>	<b>800 - 243 - 5543</b>
<b>Union Hall</b>	<b>usw351.org</b>	<b>205 - 758 - 4476</b>
<b>ADP</b>	<b>portal.adp.com</b>	
<b>Vanguard</b>	<b>vanguard.com</b>	<b>800 - 523 - 1188</b>
<b>Plant Operations</b>		<b>205 - 391 - 6500</b>

## January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>New Years</b> 1 D 11 PM - 11 AM C 11 AM - 11 PM	2 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	3 B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	4 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	5 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	6 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	7 C 11 PM—11 AM A 11 AM—11 PM
8 C 11 PM - 11 AM A 11 AM - 11 PM	9 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	10 <span style="color: green;">\$</span> Union Meetings D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	11 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	12 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	13 Union Meeting D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	14 A 11 PM—11 AM B 11 AM—11 PM
15 A 11 PM - 11 AM B 11 AM - 11 PM	16 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	17 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	18 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	19 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	20 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	21 B 11 PM—11 AM D 11 AM—11 PM
22 B 11PM - 11A M D 11A M - 11PM	23 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	24 <span style="color: green;">\$</span> A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	25 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	26 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	27 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	28 D 11PM - 11A M C 11A M - 11PM
29 D 11 PM - 11 AM C 11 AM - 11 PM	30 Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	31 D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM				

## February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	2 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	3 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	4 C 11PM - 11A M A 11A M - 11PM
5 C 11PM - 11A M A 11A M - 11PM	6 Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	\$ 7 C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	8 C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	9 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	10 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	11 A 11PM - 11A M B 11A M - 11PM
12 A 11PM - 11A M B 11A M - 11PM	13 Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	Union Meetings 14 A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	15 A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	16 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	Union Meeting 17 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	18 B 11PM - 11A M D 11A M - 11PM
19 B 11PM - 11A M D 11A M - 11PM	20 Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	\$ 21 B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	22 B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	23 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	24 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	25 D 11PM - 11A M C 11A M - 11PM
26 D 11PM - 11A M C 11A M - 11PM	27 Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	28 D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM				

## March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	C 11PM - 11A M A 11A M - 11PM
5	6	\$ 7	8	9	10	11
C 11PM - 11A M A 11A M - 11PM	Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	A 11PM - 11A M B 11A M - 11PM
12	13	Union Meetings 14	15	16	Union Meeting 17	18
A 11PM - 11A M B 11A M - 11PM	Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	B 11PM - 11A M D 11A M - 11PM
19	20	\$ 21	22	23	24	25
B 11PM - 11A M D 11A M - 11PM	Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	D 11PM - 11A M C 11A M - 11PM
26	27	28	29	30	31	
D 11PM - 11A M C 11A M - 11PM	Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	

## April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 C 11 PM—11 AM A 11 AM—11 PM
2 C 11 PM - 11 AM A 11 AM - 11 PM	3 Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	\$ 4 C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	5 C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	6 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	7 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	8 A 11 PM—11 AM B 11 AM—11 PM
<b>EASTER</b> 9 A 11 PM - 11 AM B 11 AM - 11 PM	10 Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	<b>Union Meetings</b> 11 A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	12 A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	13 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	<b>Union Meeting</b> 14 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	15 B 11 PM—11 AM D 11 AM—11 PM
16 B 11 PM - 11 AM D 11 AM - 11 PM	17 Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	\$ 18 B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	19 B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	20 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	21 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	22 D 11 PM—11 AM C 11 AM—11 PM
23 D 11 PM - 11 AM C 11 AM - 11 PM	24 Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	25 D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	26 D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	27 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	28 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	29 C 11PM - 11A M A 11A M - 11PM
30 C 11 PM - 11 AM A 11 AM - 11 PM						

## May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	\$ 2 C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	3 C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	4 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	5 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	6 A 11PM - 11A M B 11A M - 11PM
7 A 11PM - 11A M B 11A M - 11PM	8 Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	9 <b>Union Meetings</b> A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	10 A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	11 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	12 <b>Union Meeting</b> A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	13 B 11PM - 11A M D 11A M - 11PM
14 B 11PM - 11A M D 11A M - 11PM	15 Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	16 \$ B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	17 B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	18 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	19 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	20 D 11PM - 11A M C 11A M - 11PM
21 D 11PM - 11A M C 11A M - 11PM	22 Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	23 D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	24 D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	25 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	26 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	27 C 11PM - 11A M A 11A M - 11PM
28 C 11PM - 11A M A 11A M - 11PM	29 <b>Memorial Day</b> Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	30 \$ C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	31 C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM			

## June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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				C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM—11 AM B 11 AM—11 PM	
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A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	B 11 PM—11 AM D 11 AM—11 PM	
11	12	13	14	15	16	17	
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	\$ Union Meetings	B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	Union Meeting	D 11 PM—11 AM C 11 AM—11 PM	
18	19	20	21	22	23	24	
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM	
25	26	27	28	29	30		
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	\$	C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM		



## July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 A 11 PM—11 AM B 11 AM—11 PM
2 A 11 PM - 11 AM B 11 AM - 11 PM	3 Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	4 <b>Independence Day</b> A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	5 A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	6 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	7 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	8 B 11 PM—11 AM D 11 AM—11 PM
9 B 11 PM - 11 AM D 11 AM - 11 PM	10 Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	11 \$ <b>Union Meetings</b> B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	12 B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	13 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	14 <b>Union Meeting</b> B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	15 D 11 PM—11 AM C 11 AM—11 PM
16 D 11 PM - 11 AM C 11 AM - 11 PM	17 Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	18 D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	19 D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	20 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	21 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	22 C 11 PM—11 AM A 11 AM—11 PM
23 C 11 PM - 11 AM A 11 AM - 11 PM	24 Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	25 \$ C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	26 C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	27 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	28 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	29 A 11 PM—11 AM B 11 AM—11 PM
30 A 11 PM—11 AM B 11 AM—11 PM	31 Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM					

## August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	B 11PM - 11A M D 11A M - 11PM
6	7	\$	8	9	10	11
B 11PM - 11A M D 11A M - 11PM	Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	Union Meetings B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	Union Meeting B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	D 11PM - 11A M C 11A M - 11PM
13	14	15	16	17	18	19
D 11PM - 11A M C 11A M - 11PM	Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	C 11PM - 11A M A 11A M - 11PM
20	21	\$	22	23	24	25
C 11PM - 11A M A 11A M - 11PM	Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM—11 AM B 11 AM—11 PM
27	28	29	30	31		
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM		

## September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
					2	2
					3	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM
	<b>Labor Day</b>	\$			8	2
3	4	5	6	7	8	9
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
10	11	Union Meetings			Union Meeting	16
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
17	18	\$			22	23
C 11 PM - 11 AM 11 AM - 11 PM	Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM—11 AM B 11 AM—11 PM
24	25		26	27	28	29
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	B 11PM - 11A M D 11A M - 11PM

## October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 B 11 PM - 11 AM D 11 AM - 11 PM	2 Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	\$ 3 B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	4 B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	5 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	6 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	7 D 11 PM—11 AM C 11 AM—11 PM
8 D 11 PM - 11 AM C 11 AM - 11 PM	9 Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	Union Meetings 10 D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	11 D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	12 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	Union Meeting 13 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	14 C 11 PM—11 AM A 11 AM—11 PM
15 C 11 PM - 11 AM A 11 AM - 11 PM	16 Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	\$ 17 C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	18 C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	19 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	20 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	21 A 11 PM—11 AM B 11 AM—11 PM
22 A 11 PM - 11 AM B 11 AM - 11 PM	23 Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	24 A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	25 A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	26 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	27 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	28 B 11 PM—11 AM D 11 AM—11 PM
29 B 11PM - 11A M D 11A M - 11PM	30 Rotation I B 11 PM - 7 AM A 7 AM - 3 PM D 3 PM - 11 PM	\$ 31 B 11 PM - 7 AM A 7 AM - 3 PM D 3 PM - 11 PM				

## November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
5	6	7	8	9	10	11
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
12	13	\$ 14	15	16	17	18
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	<b>Union Meetings</b> C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	<b>Union Meeting</b> C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM—11 AM B 11 AM—11 PM
19	20	21	22	23	24	25
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	<b>Thanksgiving</b> A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	<b>Thanksgiving</b> A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	B 11 PM—11 AM D 11 AM—11 PM
26	27	\$ 28	29	30		
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM		

## December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
3	4	5	6	7	8	9
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
10	11	\$ 12	13	14	15	16
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	Union Meetings C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	Union Meeting C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM—11 AM B 11 AM—11 PM
17	18	19	20	21	22	23
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	B 11 PM—11 AM D 11 AM—11 PM
24	25	\$ 26	27	28	29	30
B 11 PM - 11 AM D 11 AM - 11 PM Christmas Eve	Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM Christmas	B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
New Years Eve <sup>31</sup>						
D 11 PM - 11 AM C 11 AM - 11 PM						

## January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>New Years</b> Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	2 D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	3 D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	4 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	5 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	6 C 11 PM—11 AM A 11 AM—11 PM
7 C 11 PM - 11 AM A 11 AM - 11 PM	8 Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	9 \$ Union Meetings C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	10 C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	11 C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	12 Union Meeting C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	13 A 11 PM—11 AM B 11 AM—11 PM
14 A 11 PM - 11 AM B 11 AM - 11 PM	15 Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	16 A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	17 A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	18 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	19 A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	20 B 11 PM—11 AM D 11 AM—11 PM
21 B 11PM - 11A M D 11A M - 11PM	22 Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	23 \$ B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	24 B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	25 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	26 B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	27 D 11PM - 11A M C 11A M - 11PM
28 D 11 PM - 11 AM C 11 AM - 11 PM	29 Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	30 D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	31 D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM			

## February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
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C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM—11 AM B 11 AM—11 PM
11	12	Union Meetings	14	15	Union Meeting	17
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	B 11 PM—11 AM D 11 AM—11 PM
18	19	\$	21	22	23	24
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
25	26	27	28	29		
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM		



## March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM
					2	C 11 PM—11 AM A 11 AM—11 PM
3	4	\$	5	6	7	8
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM A 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 7 PM C 7 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	C 11 PM - 7 AM D 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM—11 AM B 11 AM—11 PM
10	11	Union Meetings	12	13	14	15
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM B 3 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 7 PM A 7 PM - 11 PM	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM	Union Meeting	A 11 PM - 7 AM C 7 AM - 3 PM D 3 PM - 11 PM
17	18	\$	19	20	21	22
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM A 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
24	25		26	27	28	29
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM B 7 AM — 3 PM A 3 PM — 11 PM	C 11PM - 11A M A 11A M - 11PM
31						
C 11 PM - 11 AM A 11 AM - 11 PM						

<b>MEDICAL BENEFITS</b>	<b>In Network Benefit</b>		<b>Out of Network Benefit</b>
<b>Annual Deductible</b>			
Individual Family	\$350 \$700	\$700 \$1400	
Coinsurance Levels	80% (You Pay 20%)		70% (You Pay 30%)
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2500 \$5000		\$5000 \$10000
Lifetime Maximum	Unlimited		
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay		60% after deductible 60% after deductible
Emergency Room Facility Charges	80% after \$150 copay (waived if admitted)		
Physician Charges	100% after \$25/\$30 copay		60% after deductible
<b>Preventive Care Benefits</b>			
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free		Not covered Not covered Not covered Not covered
Inpatient Hospital	80% after deductible		60% after deductible
Outpatient Hospital	80% after deductible		60% after deductible
Diagnostic X-rays & Labs	80% after deductible		60% after deductible
Most other medical services	80% after deductible		60% after deductible
<b>Insurance Premiums</b>	<b>2022</b>	<b>2023</b>	<b>2024</b>
Single	\$70 per month	\$70 per month	\$70 per month
Employee plus Children	\$100 per month	\$100 per month	\$100 per month
Employee plus Spouse	\$147 per month	\$147 per month	\$147 per month
Family	\$175 per month	\$175 per month	\$175 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
Generic	\$15	\$25	\$20	\$35
Brand Formulary	\$25	\$50	\$35	\$75
Brand Non- Formulary	\$35	\$75	\$55	\$110
Management Program for active employees, Pre-Medicare and Post- Medicare retirees	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

# Buy BF Goodrich Tires

# Buy Union

