

<a href="#">Jan 2022</a>	<a href="#">Feb 2022</a>	<a href="#">Mar 2022</a>	<a href="#">Apr 2022</a>	<a href="#">May 2022</a>	<a href="#">Jun 2022</a>	<a href="#">Jul 2022</a>	<a href="#">Aug 2022</a>	<a href="#">Sep 2022</a>	<a href="#">Oct 2022</a>	<a href="#">Nov 2022</a>	<a href="#">Dec 2022</a>	<a href="#">Jan 2023</a>	<a href="#">Feb 2023</a>	<a href="#">Mar 2023</a>
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[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



# Local 351L



2022—2023

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**IMPORTANT PHONE NUMBERS**

<b>PSC</b>	<b>psc.lifeatworkportal.com</b>	<b>877 - 435 - 7868</b>
<b>REED GROUP</b>	<b>Fax # 518 - 880 - 6884</b>	<b>844 - 391 - 6672</b>
<b>MEDIMPACT</b>	<b>medimpactdirect.com</b>	<b>855 - 873 - 8739</b>
<b>MELS</b>	<b>Employee Life Services</b>	<b>800 - 537 - 5221</b>
<b>METLIFE</b>	<b>Dental Plan</b>	<b>800 - 942 - 0854</b>
<b>VSP</b>	<b>Vision Plan</b>	<b>800 - 877 - 7195</b>
<b>Blue Cross/Blue Shield</b>	<b>Health Care</b>	<b>800 - 334 - 9041</b>
<b>Alabama ONE Credit Union</b>	<b>Formally BFG CU</b>	<b>205 - 759 - 1595</b>
<b>Plant Security</b>		<b>205 - 391 - 6261</b>
<b>Plant Dispensary</b>		<b>205 - 391 - 6224</b>
<b>Plant Cafeteria</b>		<b>205 - 391 - 6390</b>
<b>AFLAC Insurance</b>	<b>Rex Shanner</b>	<b>205 - 454 - 4237</b>
<b>Employee Tire Rebate</b>	<b>employeetirebenefits.michelin.net</b>	<b>888 - 276 - 3190</b>
<b>Discontinued Tire List</b>		<b>800 - 847 - 3435</b>
<b>Union Hall</b>	<b>usw351.org</b>	<b>205 - 758 - 4476</b>
<b>ADP</b>	<b>portal.adp.com</b>	
<b>Vanguard</b>	<b>vanguard.com</b>	<b>800 - 523 - 1188</b>
<b>Plant Operations</b>		<b>205 - 391 - 6500</b>

## January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II						<b>New Years</b> X 7 AM — 7 PM
2 X 7 AM—7 PM	3 Rotation I X 7 AM — 3 PM	4 X 7 AM — 3 PM	5 X 7 AM — 3 PM Y 3 PM — 11 PM	6 X 7 AM — 3 PM Y 3 PM — 11 PM	7 X 7 AM — 3 PM	8 Y 7 AM — 7 PM
9 Y 7 AM—7 PM	10 Rotation II Y 7 AM — 3 PM	11 <span style="color: green;">\$</span> Union Meetings Y 7 AM — 3 PM	12 Y 7 AM — 3 PM X 3 PM — 11 PM	13 Y 7 AM — 3 PM X 3 PM — 11 PM	14 Union Meeting Y 7 AM — 3 PM	15 X 7 AM — 7 PM
16 X 7 AM—7 PM	17 Rotation I X 7 AM — 3 PM	18 X 7 AM — 3 PM	19 X 7 AM — 3 PM Y 3 PM — 11 PM	20 X 7 AM — 3 PM Y 3 PM — 11 PM	21 X 7 AM — 3 PM	22 Y 7 AM — 7 PM
23 Y 7 AM—7 PM	24 Rotation II Y 7 AM — 3 PM	25 <span style="color: green;">\$</span> Y 7 AM — 3 PM	26 Y 7 AM — 3 PM X 3 PM — 11 PM	27 Y 7 AM — 3 PM X 3 PM — 11 PM	28 Y 7 AM — 3 PM	29 X 7 AM — 7 PM
30 X 7 AM — 7 PM	31 Rotation I X 7 AM — 3 PM					

## February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I	1 X 7 AM — 3 PM	2 X 7 AM — 3 PM Y 3 PM — 11 PM	3 X 7 AM — 3 PM Y 3 PM — 11 PM	4 X 7 AM — 3 PM	5 Y 7 AM — 7 PM
6 Y 7 AM—7 PM	7 Rotation II Y 7 AM — 3 PM	8 \$ Union Meetings Y 7 AM — 3 PM	9 Y 7 AM — 3 PM X 3 PM — 11 PM	10 Y 7 AM — 3 PM X 3 PM — 11 PM	11 Union Meeting Y 7 AM — 3 PM	12 X 7 AM — 7 PM
13 X 7 AM—7 PM	14 Rotation I X 7 AM — 3 PM	15 X 7 AM — 3 PM	16 X 7 AM — 3 PM Y 3 PM — 11 PM	17 X 7 AM — 3 PM Y 3 PM — 11 PM	18 X 7 AM — 3 PM	19 Y 7 AM — 7 PM
20 Y 7 AM—7 PM	21 Rotation II Y 7 AM — 3 PM	22 \$ Y 7 AM — 3 PM	23 Y 7 AM — 3 PM X 3 PM — 11 PM	24 Y 7 AM — 3 PM X 3 PM — 11 PM	25 Y 7 AM — 3 PM	26 X 7 AM — 7 PM
27 X 7 AM—7 PM	28 Rotation I X 7 AM — 3 PM					

## March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I	1 X 7 AM — 3 PM	2 X 7 AM — 3 PM Y 3 PM — 11 PM	3 X 7 AM — 3 PM Y 3 PM — 11 PM	4 X 7 AM — 3 PM	5 Y 7 AM — 7 PM
6 Y 7 AM—7 PM	7 Rotation II Y 7 AM — 3 PM	8 \$ Union Meetings Y 7 AM — 3 PM	9 Y 7 AM — 3 PM X 3 PM — 11 PM	10 Y 7 AM — 3 PM X 3 PM — 11 PM	11 Union Meeting Y 7 AM — 3 PM	12 X 7 AM — 7 PM
13 X 7 AM—7 PM	14 Rotation I X 7 AM — 3 PM	15 X 7 AM — 3 PM	16 X 7 AM — 3 PM Y 3 PM — 11 PM	17 X 7 AM — 3 PM Y 3 PM — 11 PM	18 X 7 AM — 3 PM	19 Y 7 AM — 7 PM
20 Y 7 AM—7 PM	21 Rotation II Y 7 AM — 3 PM	22 \$ Y 7 AM — 3 PM	23 Y 7 AM — 3 PM X 3 PM — 11 PM	24 Y 7 AM — 3 PM X 3 PM — 11 PM	25 Y 7 AM — 3 PM	26 X 7 AM — 7 PM
27 X 7 AM—7 PM	28 Rotation I X 7 AM — 3 PM	29 X 7 AM — 3 PM	30 X 7 AM — 3 PM Y 3 PM — 11 PM	31 X 7 AM — 3 PM Y 3 PM — 11 PM		

## April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I					1 X 7 AM — 3 PM	2 Y 7 AM — 7 PM
3 Y 7 AM—7 PM	4 Rotation II Y 7 AM — 3 PM	5 \$ Y 7 AM — 3 PM	6 Y 7 AM — 3 PM X 3 PM — 11 PM	7 Y 7 AM — 3 PM X 3 PM — 11 PM	8 Y 7 AM — 3 PM	9 X 7 AM — 7 PM
10 X 7 AM—7 PM	11 Rotation I X 7 AM — 3 PM	12 Union Meetings X 7 AM — 3 PM	13 X 7 AM — 3 PM Y 3 PM — 11 PM	14 X 7 AM — 3 PM Y 3 PM — 11 PM	15 Union Meeting X 7 AM — 3 PM	16 Y 7 AM — 7 PM
17 <b>EASTER</b> Y 7 AM—7 PM	18 Rotation II Y 7 AM — 3 PM	19 \$ Y 7 AM — 3 PM	20 Y 7 AM — 3 PM X 3 PM — 11 PM	21 Y 7 AM — 3 PM X 3 PM — 11 PM	22 Y 7 AM — 3 PM	23 X 7 AM — 7 PM
24 X 7 AM—7 PM	25 Rotation I X 7 AM — 3 PM	26 X 7 AM — 3 PM	27 X 7 AM — 3 PM Y 3 PM — 11 PM	28 X 7 AM — 3 PM Y 3 PM — 11 PM	29 X 7 AM — 3 PM	30 Y 7 AM — 7 PM

## May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Y 7 AM—7 PM	2 Rotation II Y 7 AM — 3 PM	3 \$ Y 7 AM — 3 PM	4 Y 7 AM — 3 PM X 3 PM — 11 PM	5 Y 7 AM — 3 PM X 3 PM — 11 PM	6 Y 7 AM — 3 PM	7 X 7 AM — 7 PM
8 X 7 AM—7 PM	9 Rotation I X 7 AM — 3 PM	10 Union Meetings X 7 AM — 3 PM	11 X 7 AM — 3 PM Y 3 PM — 11 PM	12 X 7 AM — 3 PM Y 3 PM — 11 PM	13 Union Meeting X 7 AM — 3 PM	14 Y 7 AM — 7 PM
15 Y 7 AM—7 PM	16 Rotation II Y 7 AM — 3 PM	17 \$ Y 7 AM — 3 PM	18 Y 7 AM — 3 PM X 3 PM — 11 PM	19 Y 7 AM — 3 PM X 3 PM — 11 PM	20 Y 7 AM — 3 PM	21 X 7 AM — 7 PM
22 X 7 AM—7 PM	23 Rotation I X 7 AM — 3 PM	24 X 7 AM — 3 PM	25 X 7 AM — 3 PM Y 3 PM — 11 PM	26 X 7 AM — 3 PM Y 3 PM — 11 PM	27 X 7 AM — 3 PM	28 Y 7 AM — 7 PM
29 Y 7 AM—7 PM	30 Rotation II Y 7 AM — 3 PM <b>Memorial Day</b>	31 \$ Y 7 AM — 3 PM				

## June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II		1 Y 7 AM — 3 PM X 3 PM — 11 PM	2 Y 7 AM — 3 PM X 3 PM — 11 PM	3 Y 7 AM — 3 PM	4 X 7 AM — 7 PM
5 X 7 AM—7 PM	6 Rotation I X 7 AM — 3 PM	7 X 7 AM — 3 PM	8 X 7 AM — 3 PM Y 3 PM — 11 PM	9 X 7 AM — 3 PM Y 3 PM — 11 PM	10 X 7 AM — 3 PM	11 Y 7 AM — 7 PM
12 Y 7 AM—7 PM	13 Rotation II Y 7 AM — 3 PM	14 \$ Union Meetings Y 7 AM — 3 PM	15 Y 7 AM — 3 PM X 3 PM — 11 PM	16 Y 7 AM — 3 PM X 3 PM — 11 PM	17 Union Meeting Y 7 AM — 3 PM	18 X 7 AM — 7 PM
19 X 7 AM—7 PM	20 Rotation I X 7 AM — 3 PM	21 X 7 AM — 3 PM	22 X 7 AM — 3 PM Y 3 PM — 11 PM	23 X 7 AM — 3 PM Y 3 PM — 11 PM	24 X 7 AM — 3 PM	25 Y 7 AM — 7 PM
26 Y 7 AM—7 PM	27 Rotation II Y 7 AM — 3 PM	28 \$ Y 7 AM — 3 PM	29 Y 7 AM — 3 PM X 3 PM — 11 PM	30 Y 7 AM — 3 PM X 3 PM — 11 PM		



## July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II					1 Y 7 AM — 3 PM	2 X 7 AM — 7 PM
3 X 7 AM—7 PM	4 Rotation I X 7 AM — 3 PM  <b>Independence Day</b>	5 X 7 AM — 3 PM	6 X 7 AM — 3 PM Y 3 PM — 11 PM	7 X 7 AM — 3 PM Y 3 PM — 11 PM	8 X 7 AM — 3 PM	9 Y 7 AM — 7 PM
10 Y 7 AM—7 PM	11 Rotation II Y 7 AM — 3 PM	12 \$ <b>Union Meetings</b> Y 7 AM — 3 PM	13 Y 7 AM — 3 PM X 3 PM — 11 PM	14 Y 7 AM — 3 PM X 3 PM — 11 PM	15 <b>Union Meeting</b> Y 7 AM — 3 PM	16 X 7 AM — 7 PM
17 X 7 AM—7 PM	18 Rotation I X 7 AM — 3 PM	19 X 7 AM — 3 PM	20 X 7 AM — 3 PM Y 3 PM — 11 PM	21 X 7 AM — 3 PM Y 3 PM — 11 PM	22 X 7 AM — 3 PM	23 Y 7 AM — 7 PM
24 Y 7 AM—7 PM	25 Rotation II Y 7 AM — 3 PM	26 \$ Y 7 AM — 3 PM	27 Y 7 AM — 3 PM X 3 PM — 11 PM	28 Y 7 AM — 3 PM X 3 PM — 11 PM	29 Y 7 AM — 3 PM	30 X 7 AM — 7 PM
31 X 7 AM — 7 PM						

## August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rotation I X 7 AM — 3 PM	2 X 7 AM — 3 PM	3 X 7 AM — 3 PM Y 3 PM — 11 PM	4 X 7 AM — 3 PM Y 3 PM — 11 PM	5 X 7 AM — 3 PM	6 Y 7 AM — 7 PM
7 Y 7 AM—7 PM	8 Rotation II Y 7 AM — 3 PM	9 \$ Union Meetings Y 7 AM — 3 PM	10 Y 7 AM — 3 PM X 3 PM — 11 PM	11 Y 7 AM — 3 PM X 3 PM — 11 PM	12 Union Meeting Y 7 AM — 3 PM	13 X 7 AM — 7 PM
14 X 7 AM—7 PM	15 Rotation I X 7 AM — 3 PM	16 X 7 AM — 3 PM	17 X 7 AM — 3 PM Y 3 PM — 11 PM	18 X 7 AM — 3 PM Y 3 PM — 11 PM	19 X 7 AM — 3 PM	20 Y 7 AM — 7 PM
21 Y 7 AM—7 PM	22 Rotation II Y 7 AM — 3 PM	23 \$ Y 7 AM — 3 PM	24 Y 7 AM — 3 PM X 3 PM — 11 PM	25 Y 7 AM — 3 PM X 3 PM — 11 PM	26 Y 7 AM — 3 PM	27 X 7 AM — 7 PM
28 X 7 AM—7 PM	29 Rotation I X 7 AM — 3 PM	30 X 7 AM — 3 PM	31 X 7 AM — 3 PM Y 3 PM — 11 PM			

## September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I				1 X 7 AM — 3 PM Y 3 PM — 11 PM	2 X 7 AM — 3 PM	3 Y 7 AM — 7 PM
4 Y 7 AM—7 PM	<b>Labor Day</b> Rotation II Y 7 AM — 3 PM	5 \$ Y 7 AM — 3 PM	6 Y 7 AM — 3 PM X 3 PM — 11 PM	7 Y 7 AM — 3 PM X 3 PM — 11 PM	8 Y 7 AM — 3 PM	9 X 7 AM — 7 PM
11 X 7 AM—7 PM	12 Rotation I X 7 AM — 3 PM	13 <b>Union Meetings</b> X 7 AM — 3 PM	14 X 7 AM — 3 PM Y 3 PM — 11 PM	15 X 7 AM — 3 PM Y 3 PM — 11 PM	16 <b>Union Meeting</b> X 7 AM — 3 PM	17 Y 7 AM — 7 PM
18 Y 7 AM—7 PM	19 Rotation II Y 7 AM — 3 PM	20 \$ Y 7 AM — 3 PM	21 Y 7 AM — 3 PM X 3 PM — 11 PM	22 Y 7 AM — 3 PM X 3 PM — 11 PM	23 Y 7 AM — 3 PM	24 X 7 AM — 7 PM
25 X 7 AM—7 PM	26 Rotation I X 7 AM — 3 PM	27 X 7 AM — 3 PM	28 X 7 AM — 3 PM Y 3 PM — 11 PM	29 X 7 AM — 3 PM Y 3 PM — 11 PM	30 X 7 AM — 3 PM	

## October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I						1 Y 7 AM — 7 PM
2 Y 7 AM—7 PM	3 Rotation II Y 7 AM — 3 PM	4 \$ Y 7 AM — 3 PM	5 Y 7 AM — 3 PM X 3 PM — 11 PM	6 Y 7 AM — 3 PM X 3 PM — 11 PM	7 Y 7 AM — 3 PM	8 X 7 AM — 7 PM
9 X 7 AM—7 PM	10 Rotation I X 7 AM — 3 PM	11 Union Meetings X 7 AM — 3 PM	12 X 7 AM — 3 PM Y 3 PM — 11 PM	13 X 7 AM — 3 PM Y 3 PM — 11 PM	14 Union Meeting X 7 AM — 3 PM	15 Y 7 AM — 7 PM
16 Y 7 AM—7 PM	17 Rotation II Y 7 AM — 3 PM	18 \$ Y 7 AM — 3 PM	19 Y 7 AM — 3 PM X 3 PM — 11 PM	20 Y 7 AM — 3 PM X 3 PM — 11 PM	21 Y 7 AM — 3 PM	22 X 7 AM — 7 PM
23 X 7 AM—7 PM	24 Rotation I X 7 AM — 3 PM	25 X 7 AM — 3 PM	26 X 7 AM — 3 PM Y 3 PM — 11 PM	27 X 7 AM — 3 PM Y 3 PM — 11 PM	28 X 7 AM — 3 PM	29 Y 7 AM — 7 PM
30 Y 7 AM—7 PM	31 Rotation II Y 7 AM — 3 PM					

## November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II	\$ 1 Y 7 AM — 3 PM	2 Y 7 AM — 3 PM X 3 PM — 11 PM	3 Y 7 AM — 3 PM X 3 PM — 11 PM	4 Y 7 AM — 3 PM	5 X 7 AM — 7 PM
6 X 7 AM—7 PM	7 Rotation I X 7 AM — 3 PM	8 <b>Union Meetings</b> X 7 AM — 3 PM	9 X 7 AM — 3 PM Y 3 PM — 11 PM	10 X 7 AM — 3 PM Y 3 PM — 11 PM	11 <b>Union Meeting</b> X 7 AM — 3 PM	12 Y 7 AM — 7 PM
13 Y 7 AM—7 PM	14 Rotation II Y 7 AM — 3 PM	15 \$ Y 7 AM — 3 PM	16 Y 7 AM — 3 PM X 3 PM — 11 PM	17 Y 7 AM — 3 PM X 3 PM — 11 PM	18 Y 7 AM — 3 PM	19 X 7 AM — 7 PM
20 X 7 AM—7 PM	21 Rotation I X 7 AM — 3 PM	22 X 7 AM — 3 PM	23 X 7 AM — 3 PM Y 3 PM — 11 PM	24 <b>Thanksgiving</b> X 7 AM — 3 PM Y 3 PM — 11 PM	25 <b>Thanksgiving</b> X 7 AM — 3 PM	26 Y 7 AM — 7 PM
27 Y 7 AM—7 PM	28 Rotation II Y 7 AM — 3 PM	29 \$ Y 7 AM — 3 PM	30 Y 7 AM — 3 PM X 3 PM — 11 PM			

**December 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II				1 Y 7 AM — 3 PM X 3 PM — 11 PM	2 Y 7 AM — 3 PM	3 X 7 AM — 7 PM
4 X 7 AM—7 PM	5 Rotation I X 7 AM — 3 PM	6 X 7 AM — 3 PM	7 X 7 AM — 3 PM Y 3 PM — 11 PM	8 X 7 AM — 3 PM Y 3 PM — 11 PM	9 X 7 AM — 3 PM	10 Y 7 AM — 7 PM
11 Y 7 AM—7 PM	12 Rotation II Y 7 AM — 3 PM	13 \$ Union Meetings Y 7 AM — 3 PM	14 Y 7 AM — 3 PM X 3 PM — 11 PM	15 Y 7 AM — 3 PM X 3 PM — 11 PM	16 Union Meeting Y 7 AM — 3 PM	17 X 7 AM — 7 PM
18 X 7 AM—7 PM	19 Rotation I X 7 AM — 3 PM	20 X 7 AM — 3 PM	21 X 7 AM — 3 PM Y 3 PM — 11 PM	22 X 7 AM — 3 PM Y 3 PM — 11 PM	23 X 7 AM — 3 PM	24 Y 7 AM — 7 PM  <b>Christmas Eve</b>
25 Y 7 AM—7 PM  <b>Christmas</b>	26 Rotation II Y 7 AM — 3 PM	27 \$ Y 7 AM — 3 PM	28 Y 7 AM — 3 PM X 3 PM — 11 PM	29 Y 7 AM — 3 PM X 3 PM — 11 PM	30 Y 7 AM — 3 PM	31 X 7 AM — 7 PM  <b>New Years Eve</b>

## January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>New Years</b> X 7 AM—7 PM	2 Rotation I X 7 AM — 3 PM	3 X 7 AM — 3 PM	4 X 7 AM — 3 PM Y 3 PM — 11 PM	5 X 7 AM — 3 PM Y 3 PM — 11 PM	6 X 7 AM — 3 PM	7 Y 7 AM — 7 PM
8 Y 7 AM—7 PM	9 Rotation II Y 7 AM — 3 PM	10 \$ <b>Union Meetings</b> Y 7 AM — 3 PM	11 Y 7 AM — 3 PM X 3 PM — 11 PM	12 Y 7 AM — 3 PM X 3 PM — 11 PM	13 <b>Union Meeting</b> Y 7 AM — 3 PM	14 X 7 AM — 7 PM
15 X 7 AM—7 PM	16 Rotation I X 7 AM — 3 PM	17 X 7 AM — 3 PM	18 X 7 AM — 3 PM Y 3 PM — 11 PM	19 X 7 AM — 3 PM Y 3 PM — 11 PM	20 X 7 AM — 3 PM	21 Y 7 AM — 7 PM
22 Y 7 AM—7 PM	23 Rotation II Y 7 AM — 3 PM	24 \$ Y 7 AM — 3 PM	25 Y 7 AM — 3 PM X 3 PM — 11 PM	26 Y 7 AM — 3 PM X 3 PM — 11 PM	27 Y 7 AM — 3 PM	28 X 7 AM — 7 PM
29 X 7 AM—7 PM	30 Rotation I X 7 AM — 3 PM	31 X 7 AM — 3 PM				

## February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I			1 X 7 AM — 3 PM Y 3 PM — 11 PM	2 X 7 AM — 3 PM Y 3 PM — 11 PM	3 X 7 AM — 3 PM	4 Y 7 AM — 7 PM
5 Y 7 AM—7 PM	6 Rotation II Y 7 AM — 3 PM	7 \$ Y 7 AM — 3 PM	8 Y 7 AM — 3 PM X 3 PM — 11 PM	9 Y 7 AM — 3 PM X 3 PM — 11 PM	10 Y 7 AM — 3 PM	11 X 7 AM — 7 PM
12 X 7 AM—7 PM	13 Rotation I X 7 AM — 3 PM	14 Union Meetings X 7 AM — 3 PM	15 X 7 AM — 3 PM Y 3 PM — 11 PM	16 X 7 AM — 3 PM Y 3 PM — 11 PM	17 Union Meeting X 7 AM — 3 PM	18 Y 7 AM — 7 PM
19 Y 7 AM—7 PM	20 Rotation II Y 7 AM — 3 PM	21 \$ Y 7 AM — 3 PM	22 Y 7 AM — 3 PM X 3 PM — 11 PM	23 Y 7 AM — 3 PM X 3 PM — 11 PM	24 Y 7 AM — 3 PM	25 X 7 AM — 7 PM
26 X 7 AM—7 PM	27 Rotation I X 7 AM — 3 PM	28 X 7 AM — 3 PM				



## March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I		1 X 7 AM — 3 PM Y 3 PM — 11 PM	2 X 7 AM — 3 PM Y 3 PM — 11 PM	3 X 7 AM — 3 PM	4 Y 7 AM — 7 PM
5 Y 7 AM—7 PM	6 Rotation II Y 7 AM — 3 PM	7 \$ Y 7 AM — 3 PM	8 Y 7 AM — 3 PM X 3 PM — 11 PM	9 Y 7 AM — 3 PM X 3 PM — 11 PM	10 Y 7 AM — 3 PM	11 X 7 AM — 7 PM
12 X 7 AM—7 PM	13 Rotation I X 7 AM — 3 PM	14 Union Meetings X 7 AM — 3 PM	15 X 7 AM — 3 PM Y 3 PM — 11 PM	16 X 7 AM — 3 PM Y 3 PM — 11 PM	17 Union Meeting X 7 AM — 3 PM	18 Y 7 AM — 7 PM
19 Y 7 AM—7 PM	20 Rotation II Y 7 AM — 3 PM	21 \$ Y 7 AM — 3 PM	22 Y 7 AM — 3 PM X 3 PM — 11 PM	23 Y 7 AM — 3 PM X 3 PM — 11 PM	24 Y 7 AM — 3 PM	25 X 7 AM — 7 PM
26 X 7 AM—7 PM	27 Rotation I X 7 AM — 3 PM	28 X 7 AM — 3 PM	29 X 7 AM — 3 PM Y 3 PM — 11 PM	30 X 7 AM — 7 PM Y 3 PM — 11 PM	31 X 7 AM — 3 PM	

<b>MEDICAL BENEFITS</b>	<b>In Network Benefit</b>	<b>Out of Network Benefit</b>
<b>Annual Deductible</b>		
Individual Family	\$350 \$700	\$700 \$1400
Coinsurance Levels	80% (You Pay 20%)	70% (You Pay 30%)
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2500 \$5000	\$5000 \$10000
Lifetime Maximum	Unlimited	
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay	60% after deductible 60% after deductible
Emergency Room Facility Charges	80% after \$150 copay (waived if admitted)	
Physician Charges	100% after \$25/\$30 copay	60% after deductible
<b>Preventive Care Benefits</b>		
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free	Not covered Not covered Not covered Not covered
Inpatient Hospital	80% after deductible	60% after deductible
Outpatient Hospital	80% after deductible	60% after deductible
Diagnostic X-rays & Labs	80% after deductible	60% after deductible
Most other medical services	80% after deductible	60% after deductible
<b>Insurance Premiums</b>		
		<b>2021</b>
Single		\$70 per month
Employee plus one		\$147 per month
Family		\$175 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
Generic	\$15	\$25	\$20	\$35
Brand Formulary	\$25	\$50	\$35	\$75
Brand Non- Formulary	\$35	\$75	\$55	\$110
Management Program for active employees, Pre-Medicare and Post- Medicare retirees	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

Sickness and Accident Programs ( P & I Agreement Article 7.1 - Benefits )
<p>A. Benefits will be paid because of disabling accident or sickness while under the care of a physician in the following amount:</p> <ol style="list-style-type: none"> <li>1. For employees on the rolls as of July 24, 2006, the higher of the following two amounts: <ol style="list-style-type: none"> <li>a. \$410 per week, or</li> <li>b. 18 hours of ASTHE per week</li> </ol> </li> <li>2. For employees hired after July 24, 2006: <ol style="list-style-type: none"> <li>a. 18 hours of ASTHE per week</li> </ol> </li> <li>3. The Weekly Benefit Amount in A1(a) above for employees hired prior to July 24, 2006 and under a wage progression program (CBA Appendix B, Section G) will be multiplied by the appropriate experience factor of the wage progression program applicable at the start of disability.</li> </ol> <p>B. ....donation of a vital human organ.....</p> <p>C. Benefits will be payable from the first (1) day of disability due to an accident or occupational sickness, or the day of outpatient surgery, or the eighth (8th) day of disability du to non-occupational sickness or due to pregnancy or related conditions unless hospitalized therefore and then from the first (1st) day of such hospital confinement. The benefits shall be payable for a maximum period of fifty-two (52) weeks for each period of disability.</p>

# Buy BF Goodrich Tires

# Buy Union

