

Jan 2022	Feb 2022	Mar 2022	Apr 2022	May 2022	Jun 2022	Jul 2022	Aug 2022	Sep 2022	Oct 2022	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023
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[Front Cover](#)

[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



Local 351L



2022—2023

ABCD

IMPORTANT PHONE NUMBERS

PSC	psc.lifeatworkportal.com	877 - 435 - 7868
REED GROUP	Fax # 518 - 880 - 6884	844 - 391 - 6672
MEDIMPACT	medimpactdirect.com	855 - 873 - 8739
MELS	Employee Life Services	800 - 537 - 5221
METLIFE	Dental Plan	800 - 942 - 0854
VSP	Vision Plan	800 - 877 - 7195
Blue Cross/Blue Shield	Health Care	800 - 334 - 9041
Alabama ONE Credit Union	Formally BFG CU	205 - 759 - 1595
Plant Security		205 - 391 - 6261
Plant Dispensary		205 - 391 - 6224
Plant Cafeteria		205 - 391 - 6390
AFLAC Insurance	Rex Shanner	205 - 454 - 4237
Employee Tire Rebate	employeetirebenefits.michelin.net	888 - 276 - 3190
Discontinued Tire List		800 - 847 - 3435
Union Hall	usw351.org	205 - 758 - 4476
ADP	portal.adp.com	
Vanguard	vanguard.com	800 - 523 - 1188
Plant Operations		205 - 391 - 6500

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						New Years 1 D 11 PM—11 AM C 11 AM—11 PM
2	3	4	5	6	7	8
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
9	10	11	12	13	14	15
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	\$ Union Meetings D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	Union Meeting D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	A 11 PM—11 AM B 11 AM—11 PM
16	17	18	19	20	21	22
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM—11 AM D 11 AM—11 PM
23	24	25	26	27	28	29
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	\$ A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
30	31					
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM					

February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
6	7	\$	8	9	10	11
C 11PM - 11A M A 11A M - 11PM	Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	Union Meetings D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	Union Meeting D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	A 11PM - 11A M B 11A M - 11PM
13	14	15	16	17	18	19
A 11PM - 11A M B 11A M - 11PM	Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	B 11PM - 11A M D 11A M - 11PM
20	21	\$	22	23	24	25
B 11PM - 11A M D 11A M - 11PM	Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	D 11PM - 11A M C 11A M - 11PM
27	28					
D 11PM - 11A M C 11A M - 11PM	Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM					

March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
6	7	\$	8	9	10	11
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	Union Meetings D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	Union Meeting D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	A 11 PM—11 AM B 11 AM—11 PM
13	14	15	16	17	18	19
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM—11 AM D 11 AM—11 PM
20	21	\$	22	23	24	25
B 11PM - 11A M D 11A M - 11PM	Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	D 11PM - 11A M C 11A M - 11PM
27	28	29	30	31		
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM		

April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	2 C 11 PM—11 AM A 11 AM—11 PM
3 C 11 PM - 11 AM A 11 AM - 11 PM	4 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	\$ 5 D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	6 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	7 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	8 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	9 A 11 PM—11 AM B 11 AM—11 PM	
10 A 11 PM - 11 AM B 11 AM - 11 PM	11 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	Union Meetings 12 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	13 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	14 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	Union Meeting 15 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	16 B 11 PM—11 AM D 11 AM—11 PM	
EASTER 17 B 11 PM - 11 AM D 11 AM - 11 PM	18 Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	\$ 19 A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	20 A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	21 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	22 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	23 D 11 PM—11 AM C 11 AM—11 PM	
24 D 11 PM - 11 AM C 11 AM - 11 PM	25 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	26 B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	27 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	28 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	29 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	30 C 11PM - 11A M A 11A M - 11PM	

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 C 11 PM - 11 AM A 11 AM - 11 PM	2 Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	\$ 3 D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	4 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	5 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	6 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	7 A 11PM - 11A M B 11A M - 11PM
8 A 11PM - 11A M B 11A M - 11PM	9 Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	Union Meetings 10 C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	11 C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	12 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	Union Meeting 13 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	14 B 11PM - 11A M D 11A M - 11PM
15 B 11PM - 11A M D 11A M - 11PM	16 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	\$ 17 A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	18 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	19 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	20 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	21 D 11PM - 11A M C 11A M - 11PM
22 D 11PM - 11A M C 11A M - 11PM	23 Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	24 B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	25 B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	26 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	27 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	28 C 11PM - 11A M A 11A M - 11PM
29 C 11 PM - 11 AM A 11 AM - 11 PM	Memorial Day 30 Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	\$ 31 D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM				

June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	2 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	3 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	4 A 11PM - 11A M B 11A M - 11PM
5 A 11PM - 11A M B 11A M - 11PM	6 Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	7 C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	8 C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	9 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	10 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	11 B 11PM - 11A M D 11A M - 11PM
12 B 11PM - 11A M D 11A M - 11PM	13 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	14 \$ Union Meetings	15 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	16 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	17 Union Meeting	18 D 11PM - 11A M C 11A M - 11PM
19 D 11PM - 11A M C 11A M - 11PM	20 Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	21 B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	22 B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	23 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	24 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	25 C 11PM - 11A M A 11A M - 11PM
26 C 11PM - 11A M A 11A M - 11PM	27 Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	28 \$	29 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	30 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM		

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	2 A 11 PM—11 AM B 11 AM—11 PM
3 A 11 PM - 11 AM B 11 AM - 11 PM	Independence Day 4 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	5 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	6 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	7 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	8 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	9 B 11 PM—11 AM D 11 AM—11 PM
10 B 11 PM - 11 AM D 11 AM - 11 PM	11 Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	12 \$ Union Meetings A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	13 A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	14 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	15 Union Meeting A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	16 D 11 PM—11 AM C 11 AM—11 PM
17 D 11 PM - 11 AM C 11 AM - 11 PM	18 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	19 B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	20 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	21 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	22 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	23 C 11 PM—11 AM A 11 AM—11 PM
24 C 11 PM - 11 AM A 11 AM - 11 PM	25 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	26 \$ D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	27 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	28 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	29 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	30 A 11 PM - 11 AM B 11 AM - 11 PM
31 A 11 PM - 11 AM B 11 AM - 11 PM						

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	2 C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	3 C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	4 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	5 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	6 B 11PM - 11A M D 11A M - 11PM
7 B 11PM - 11A M D 11A M - 11PM	8 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	9 \$ Union Meetings A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	10 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	11 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	12 Union Meeting A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	13 D 11PM - 11A M C 11A M - 11PM
14 D 11PM - 11A M C 11A M - 11PM	15 Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	16 B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	17 B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	18 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	19 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	20 C 11PM - 11A M A 11A M - 11PM
21 C 11PM - 11A M A 11A M - 11PM	22 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	23 \$ D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	24 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	25 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	26 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	27 A 11 PM—11 AM B 11 AM—11 PM
28 A 11 PM - 11 AM B 11 AM - 11 PM	29 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	30 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	31 C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM			

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM—11 AM D 11 AM—11 PM
4	Labor Day	\$	7	8	9	10
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
11	12	13	14	15	16	17
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	Union Meetings	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	Union Meeting	C 11 PM—11 AM A 11 AM—11 PM
18	19	20	21	22	23	24
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	\$	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	A 11 PM—11 AM B 11 AM—11 PM
25	26	27	28	29	30	
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 B 11 PM—11 AM D 11 AM—11 PM
2 B 11 PM - 11 AM D 11 AM - 11 PM	3 Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	\$ 4 A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	5 A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	6 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	7 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	8 D 11 PM—11 AM C 11 AM—11 PM
9 D 11 PM - 11 AM C 11 AM - 11 PM	10 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	11 Union Meetings B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	12 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	13 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	14 Union Meeting B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	15 C 11 PM—11 AM A 11 AM—11 PM
16 C 11 PM - 11 AM 11 AM - 11 PM	17 Rotation III D 11 PM —7 AM A 7 AM — 3 PM A 3 PM — 11 PM	\$ 18 D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	19 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	20 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	21 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	22 A 11 PM—11 AM B 11 AM—11 PM
23 A 11 PM - 11 AM B 11 AM - 11 PM	24 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	25 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	26 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	27 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	28 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	29 B 11PM - 11A M D 11A M - 11PM
30 B 11PM - 11A M D 11A M - 11PM	31 Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM					

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		\$ 1	2	3	4	5
		A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
6	7	8	9	10	11	12
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	Union Meetings B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	Union Meeting B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
13	14	15	16	17	18	19
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	\$ D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	A 11 PM—11 AM B 11 AM—11 PM
20	21	22	23	24	25	26
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	Thanksgiving C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	Thanksgiving C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM—11 AM D 11 AM—11 PM
27	28	29	30			
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	\$ A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM			

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I				1	2	3
				A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
4	5	6	7	8	9	10
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
11	12	13	14	15	16	17
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	\$ Union Meetings D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	Union Meeting D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	A 11 PM—11 AM B 11 AM—11 PM
18	19	20	21	22	23	24
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM—11 AM D 11 AM—11 PM Christmas Eve
25	26	27	28	29	30	31
B 11 PM - 11 AM D 11 AM - 11 PM Christmas	Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	\$ A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM New Years Eve

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years D 11 PM - 11 AM C 11 AM - 11 PM	2 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	3 B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	4 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	5 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	6 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	7 C 11 PM—11 AM A 11 AM—11 PM
8 C 11 PM - 11 AM A 11 AM - 11 PM	9 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	10 \$ Union Meetings D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	11 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	12 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	13 Union Meeting D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	14 A 11 PM—11 AM B 11 AM—11 PM
15 A 11 PM - 11 AM B 11 AM - 11 PM	16 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	17 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	18 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	19 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	20 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	21 B 11 PM—11 AM D 11 AM—11 PM
22 B 11PM - 11A M D 11A M - 11PM	23 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	24 \$ A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	25 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	26 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	27 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	28 D 11PM - 11A M C 11A M - 11PM
29 D 11 PM - 11 AM C 11 AM - 11 PM	30 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	31 B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM				

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	2 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	3 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	4 C 11PM - 11A M A 11A M - 11PM
5 C 11PM - 11A M A 11A M - 11PM	6 Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	\$ 7 D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	8 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	9 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	10 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	11 A 11PM - 11A M B 11A M - 11PM
12 A 11PM - 11A M B 11A M - 11PM	13 Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	Union Meetings 14 C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	15 C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	16 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	Union Meeting 17 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	18 B 11PM - 11A M D 11A M - 11PM
19 B 11PM - 11A M D 11A M - 11PM	20 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	\$ 21 A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	22 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	23 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	24 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	25 D 11PM - 11A M C 11A M - 11PM
26 D 11PM - 11A M C 11A M - 11PM	27 Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	28 B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	2 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	3 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	4 C 11PM - 11A M A 11A M - 11PM
5 C 11PM - 11A M A 11A M - 11PM	6 Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	\$ 7 D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	8 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	9 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	10 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	11 A 11PM - 11A M B 11A M - 11PM
12 A 11PM - 11A M B 11A M - 11PM	13 Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	Union Meetings 14 C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	15 C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	16 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	Union Meeting 17 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	18 B 11PM - 11A M D 11A M - 11PM
19 B 11PM - 11A M D 11A M - 11PM	20 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	\$ 21 A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	22 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	23 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	24 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	25 D 11PM - 11A M C 11A M - 11PM
26 D 11PM - 11A M C 11A M - 11PM	27 Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	28 B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	29 B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	30 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	31 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	

MEDICAL BENEFITS	In Network Benefit	Out of Network Benefit
Annual Deductible		
Individual Family	\$350 \$700	\$700 \$1400
Coinsurance Levels	80% (You Pay 20%)	70% (You Pay 30%)
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2500 \$5000	\$5000 \$10000
Lifetime Maximum	Unlimited	
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay	60% after deductible 60% after deductible
Emergency Room Facility Charges	80% after \$150 copay (waived if admitted)	
Physician Charges	100% after \$25/\$30 copay	60% after deductible
Preventive Care Benefits		
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free	Not covered Not covered Not covered Not covered
Inpatient Hospital	80% after deductible	60% after deductible
Outpatient Hospital	80% after deductible	60% after deductible
Diagnostic X-rays & Labs	80% after deductible	60% after deductible
Most other medical services	80% after deductible	60% after deductible
Insurance Premiums		
		2021
Single		\$70 per month
Employee plus one		\$147 per month
Family		\$175 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
Generic	\$15	\$25	\$20	\$35
Brand Formulary	\$25	\$50	\$35	\$75
Brand Non- Formulary	\$35	\$75	\$55	\$110
Management Program for active employees, Pre-Medicare and Post- Medicare retirees	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

Sickness and Accident Programs (P & I Agreement Article 7.1 - Benefits)
<p>A. Benefits will be paid because of disabling accident or sickness while under the care of a physician in the following amount:</p> <ol style="list-style-type: none"> 1. For employees on the rolls as of July 24, 2006, the higher of the following two amounts: <ol style="list-style-type: none"> a. \$410 per week, or b. 18 hours of ASTHE per week 2. For employees hired after July 24, 2006: <ol style="list-style-type: none"> a. 18 hours of ASTHE per week 3. The Weekly Benefit Amount in A1(a) above for employees hired prior to July 24, 2006 and under a wage progression program (CBA Appendix B, Section G) will be multiplied by the appropriate experience factor of the wage progression program applicable at the start of disability. <p>B.donation of a vital human organ.....</p> <p>C. Benefits will be payable from the first (1) day of disability due to an accident or occupational sickness, or the day of outpatient surgery, or the eighth (8th) day of disability du to non-occupational sickness or due to pregnancy or related conditions unless hospitalized therefore and then from the first (1st) day of such hospital confinement. The benefits shall be payable for a maximum period of fifty-two (52) weeks for each period of disability.</p>

Buy BF Goodrich Tires

Buy Union

