

Jan 2018	Feb 2018	Mar 2018	Apr 2018	May 2018	Jun 2018	Jul 2018	Aug 2018	Sep 2018	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	Mar 2019
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[Front Cover](#)

[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



Local 351L



2018—2019

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IMPORTANT PHONE NUMBERS

PSC	psc.lifeatworkportal.com	877 - 435 - 7868
MEDIMPACT	medimpactdirect.com	855 - 873 - 8739
MELS	Employee Life Services	800 - 537 - 5221
METLIFE	Dental Plan	800 - 942 - 0854
VSP	Vision Plan	800 - 877 - 7195
Blue Cross/Blue Shield	Health Care	800 - 334 - 9041
Alabama ONE Credit Union	Formally BFG CU	205 - 759 - 1595
Plant Security		205 - 391 - 6261
Plant Dispensary		205 - 391 - 6224
Plant Cafeteria		205 - 391 - 6390
AFLAC Insurance	Rex Shanner	205 - 454 - 4237
Employee Tire Rebate	michelinemployeerebate.com	888-276-3190
Discontinued Tire List	michelinedtpp.com	419-425-6503
Union Hall	uswa351.org & usw351.org	205 - 758 - 4476
ADP	portal.adp.com	
Vanguard	Vanguard.com	800-523-1188
Plant Operations		205-391-6500

January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Rotation II Y 7 AM — 3 PM	2 Y 7 AM — 3 PM	3 Y 7 AM — 3 PM X 3 PM — 11 PM	4 Y 7 AM — 3 PM X 3 PM — 11 PM	5 Y 7 AM — 3 PM	6 X 7 AM — 7 PM
7 X 7 AM—7 PM	8 Rotation I X 7 AM — 3 PM	9 Union Meetings X 7 AM — 3 PM	10 X 7 AM — 3 PM Y 3 PM — 11 PM	11 X 7 AM — 3 PM Y 3 PM — 11 PM	12 Union Meeting X 7 AM — 3 PM	13 Y 7 AM — 7 PM
14 Y 7 AM—7 PM	15 Rotation II Y 7 AM — 3 PM	16 Y 7 AM — 3 PM	17 Y 7 AM — 3 PM X 3 PM — 11 PM	18 Y 7 AM — 3 PM X 3 PM — 11 PM	19 Y 7 AM — 3 PM	20 X 7 AM — 7 PM
21 X 7 AM—7 PM	22 Rotation I X 7 AM — 3 PM	23 X 7 AM — 3 PM	24 X 7 AM — 3 PM Y 3 PM — 11 PM	25 X 7 AM — 3 PM Y 3 PM — 11 PM	26 X 7 AM — 3 PM	27 Y 7 AM — 7 PM
28 Y 7 AM—7 PM	29 Rotation II Y 7 AM — 3 PM	30 Y 7 AM — 3 PM	31 Y 7 AM — 3 PM X 3 PM — 11 PM			

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II			1 Y 7 AM — 3 PM X 3 PM — 11 PM	2 Y 7 AM — 3 PM	3 X 7 AM — 7 PM
4 X 7 AM—7 PM	5 Rotation I X 7 AM — 3 PM	6 X 7 AM — 3 PM	7 X 7 AM — 3 PM Y 3 PM — 11 PM	8 X 7 AM — 3 PM Y 3 PM — 11 PM	9 X 7 AM — 3 PM	10 Y 7 AM — 7 PM
11 Y 7 AM—7 PM	12 Rotation II Y 7 AM — 3 PM	13 Union Meetings Y 7 AM — 3 PM	14 Y 7 AM — 3 PM X 3 PM — 11 PM	15 Y 7 AM — 3 PM X 3 PM — 11 PM	16 Union Meeting Y 7 AM — 3 PM	17 X 7 AM — 7 PM
18 X 7 AM—7 PM	19 Rotation I X 7 AM — 3 PM	20 X 7 AM — 3 PM	21 X 7 AM — 3 PM Y 3 PM — 11 PM	22 X 7 AM — 3 PM Y 3 PM — 11 PM	23 X 7 AM — 3 PM	24 Y 7 AM — 7 PM
25 Y 7 AM—7 PM	26 Rotation II Y 7 AM — 3 PM	27 Y 7 AM — 3 PM	28 Y 7 AM — 3 PM X 3 PM — 11 PM			

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II			1 Y 7 AM — 3 PM X 3 PM — 11 PM	2 Y 7 AM — 3 PM	3 X 7 AM — 7 PM
4 X 7 AM—7 PM	5 Rotation I X 7 AM — 3 PM	6 X 7 AM — 3 PM	7 X 7 AM — 3 PM Y 3 PM — 11 PM	8 X 7 AM — 3 PM Y 3 PM — 11 PM	9 X 7 AM — 3 PM	10 Y 7 AM — 7 PM
11 Start Daylight Savings Time/ Spring Forward Y 7 AM—7 PM	12 Rotation II Y 7 AM — 3 PM	13 Union Meetings Y 7 AM — 3 PM	14 Y 7 AM — 3 PM X 3 PM — 11 PM	15 Y 7 AM — 3 PM X 3 PM — 11 PM	16 Union Meeting Y 7 AM — 3 PM	17 X 7 AM — 7 PM
Spring Break						
18 X 7 AM—7 PM	19 Rotation I X 7 AM — 3 PM	20 X 7 AM — 3 PM	21 X 7 AM — 3 PM Y 3 PM — 11 PM	22 X 7 AM — 3 PM Y 3 PM — 11 PM	23 X 7 AM — 3 PM	24 Y 7 AM — 7 PM
25 Y 7 AM—7 PM	26 Rotation II Y 7 AM — 3 PM	27 Y 7 AM — 3 PM	28 Y 7 AM — 3 PM X 3 PM — 11 PM	29 Y 7 AM — 3 PM X 3 PM — 11 PM	30 Y 7 AM — 3 PM	31 X 7 AM — 7 PM

April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 EASTER X 7 AM—7 PM	2 Rotation I X 7 AM — 3 PM	3 X 7 AM — 3 PM	4 X 7 AM — 3 PM Y 3 PM — 11 PM	5 X 7 AM — 3 PM Y 3 PM — 11 PM	6 X 7 AM — 3 PM	7 Y 7 AM — 7 PM
8 Y 7 AM—7 PM	9 Rotation II Y 7 AM — 3 PM	10 Union Meetings Y 7 AM — 3 PM	11 Y 7 AM — 3 PM X 3 PM — 11 PM	12 Y 7 AM — 3 PM X 3 PM — 11 PM	13 Union Meeting Y 7 AM — 3 PM	14 X 7 AM — 7 PM
15 X 7 AM—7 PM	16 Rotation I X 7 AM — 3 PM	17 X 7 AM — 3 PM	18 X 7 AM — 3 PM Y 3 PM — 11 PM	19 X 7 AM — 3 PM Y 3 PM — 11 PM	20 X 7 AM — 3 PM	21 Y 7 AM — 7 PM
22 Y 7 AM—7 PM	23 Rotation II Y 7 AM — 3 PM	24 Y 7 AM — 3 PM	25 Y 7 AM — 3 PM X 3 PM — 11 PM	26 Y 7 AM — 3 PM X 3 PM — 11 PM	27 Y 7 AM — 3 PM	28 X 7 AM — 7 PM
29 X 7 AM—7 PM	30 Rotation I X 7 AM — 3 PM					

May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I	1 X 7 AM — 3 PM	2 X 7 AM — 3 PM Y 3 PM — 11 PM	3 X 7 AM — 3 PM Y 3 PM — 11 PM	4 X 7 AM — 3 PM	5 Y 7 AM — 7 PM
6 Y 7 AM—7 PM	7 Rotation II Y 7 AM — 3 PM	8 Union Meetings Y 7 AM — 3 PM	9 Y 7 AM — 3 PM X 3 PM — 11 PM	10 Y 7 AM — 3 PM X 3 PM — 11 PM	11 Union Meeting Y 7 AM — 3 PM	12 X 7 AM — 7 PM
13 X 7 AM—7 PM	14 Rotation I X 7 AM — 3 PM	15 X 7 AM — 3 PM	16 X 7 AM — 3 PM Y 3 PM — 11 PM	17 X 7 AM — 3 PM Y 3 PM — 11 PM	18 X 7 AM — 3 PM	19 Y 7 AM — 7 PM
20 Y 7 AM—7 PM	21 Rotation II Y 7 AM — 3 PM	22 Y 7 AM — 3 PM	23 Y 7 AM — 3 PM X 3 PM — 11 PM	24 Y 7 AM — 3 PM X 3 PM — 11 PM	25 Y 7 AM — 3 PM	26 X 7 AM — 7 PM
27 X 7 AM—7 PM	28 Memorial Day Rotation I X 7 AM — 3 PM	29 X 7 AM — 3 PM	30 X 7 AM — 3 PM Y 3 PM — 11 PM	31 X 7 AM — 7 PM Y 3 PM — 11 PM		

June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I					1 2 X 7 AM — 3 PM Y 7 AM — 7 PM
3 Y 7 AM—7 PM	4 Rotation II Y 7 AM — 3 PM	5 Y 7 AM — 3 PM	6 Y 7 AM — 3 PM X 3 PM — 11 PM	7 Y 7 AM — 3 PM X 3 PM — 11 PM	8 Y 7 AM — 3 PM	9 X 7 AM — 7 PM
10 X 7 AM—7 PM	11 Rotation I X 7 AM — 3 PM	12 Union Meetings X 7 AM — 3 PM	13 X 7 AM — 3 PM Y 3 PM — 11 PM	14 X 7 AM — 3 PM Y 3 PM — 11 PM	15 Union Meeting X 7 AM — 3 PM	16 Y 7 AM — 7 PM
17 Y 7 AM—7 PM	18 Rotation II Y 7 AM — 3 PM	19 Y 7 AM — 3 PM	20 Y 7 AM — 3 PM X 3 PM — 11 PM	21 Y 7 AM — 3 PM X 3 PM — 11 PM	22 Y 7 AM — 3 PM	23 X 7 AM — 7 PM
24 X 7 AM—7 PM	25 Rotation I X 7 AM — 3 PM	26 X 7 AM — 3 PM	27 X 7 AM — 3 PM Y 3 PM — 11 PM	28 X 7 AM — 3 PM Y 3 PM — 11 PM	29 X 7 AM — 3 PM	30 Y 7 AM — 7 PM

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Y 7 AM — 7 PM	2 Rotation II Y 7 AM — 3 PM	3 Y 7 AM — 3 PM	4 Independence Day Y 7 AM — 3 PM X 3 PM — 11 PM	5 Y 7 AM — 3 PM X 3 PM — 11 PM	6 Y 7 AM — 3 PM	7 X 7 AM — 7 PM
8 X 7 AM — 7 PM	9 Rotation I X 7 AM — 3 PM	10 Union Meetings X 7 AM — 3 PM	11 X 7 AM — 3 PM Y 3 PM — 11 PM	12 X 7 AM — 3 PM Y 3 PM — 11 PM	13 Union Meeting X 7 AM — 3 PM	14 Y 7 AM — 7 PM
15 Y 7 AM — 7 PM	16 Rotation II Y 7 AM — 3 PM	17 Y 7 AM — 3 PM	18 Y 7 AM — 3 PM X 3 PM — 11 PM	19 Y 7 AM — 3 PM X 3 PM — 11 PM	20 Y 7 AM — 3 PM	21 X 7 AM — 7 PM
22 X 7 AM — 7 PM	23 Rotation I X 7 AM — 3 PM	24 X 7 AM — 3 PM	25 X 7 AM — 3 PM Y 3 PM — 11 PM	26 X 7 AM — 3 PM Y 3 PM — 11 PM	27 X 7 AM — 3 PM	28 Y 7 AM — 7 PM
29 Y 7 AM — 7 PM	30 Rotation II Y 7 AM — 3 PM	31 Y 7 AM — 3 PM				

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II		1 Y 7 AM — 3 PM X 3 PM — 11 PM	2 Y 7 AM — 3 PM X 3 PM — 11 PM	3 Y 7 AM — 3 PM	4 X 7 AM — 7 PM
5 X 7 AM—7 PM	6 Rotation I X 7 AM — 3 PM	7 X 7 AM — 3 PM	8 X 7 AM — 3 PM Y 3 PM — 11 PM	9 X 7 AM — 3 PM Y 3 PM — 11 PM	10 X 7 AM — 3 PM	11 Y 7 AM — 7 PM
12 Y 7 AM—7 PM	13 Rotation II Y 7 AM — 3 PM	14 Union Meetings Y 7 AM — 3 PM	15 Y 7 AM — 3 PM X 3 PM — 11 PM	16 Y 7 AM — 3 PM X 3 PM — 11 PM	17 Union Meeting Y 7 AM — 3 PM	18 X 7 AM — 7 PM
19 X 7 AM—7 PM	20 Rotation I X 7 AM — 3 PM	21 X 7 AM — 3 PM	22 X 7 AM — 3 PM Y 3 PM — 11 PM	23 X 7 AM — 3 PM Y 3 PM — 11 PM	24 X 7 AM — 3 PM	25 Y 7 AM — 7 PM
26 Y 7 AM—7 PM	27 Rotation II Y 7 AM — 3 PM	28 Y 7 AM — 3 PM	29 Y 7 AM — 3 PM X 3 PM — 11 PM	30 Y 7 AM — 3 PM X 3 PM — 11 PM	31 Y 7 AM — 3 PM	

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II						1 X 7 AM — 7 PM
2 X 7 AM—7 PM	Labor Day Rotation I X 7 AM — 3 PM	3 X 7 AM — 3 PM	4 X 7 AM — 3 PM Y 3 PM — 11 PM	5 X 7 AM — 3 PM Y 3 PM — 11 PM	6 X 7 AM — 3 PM	7 Y 7 AM — 7 PM
9 Y 7 AM—7 PM	10 Rotation II Y 7 AM — 3 PM	11 Union Meetings Y 7 AM — 3 PM	12 Y 7 AM — 3 PM X 3 PM — 11 PM	13 Y 7 AM — 3 PM X 3 PM — 11 PM	14 Union Meeting Y 7 AM — 3 PM	15 X 7 AM — 7 PM
16 X 7 AM—7 PM	17 Rotation I X 7 AM — 3 PM	18 X 7 AM — 3 PM	19 X 7 AM — 3 PM Y 3 PM — 11 PM	20 X 7 AM — 3 PM Y 3 PM — 11 PM	21 X 7 AM — 3 PM	22 Y 7 AM — 7 PM
23 Y 7 AM—7 PM	24 Rotation II Y 7 AM — 3 PM	25 Y 7 AM — 3 PM	26 Y 7 AM — 3 PM X 3 PM — 11 PM	27 Y 7 AM — 3 PM X 3 PM — 11 PM	28 Y 7 AM — 3 PM	29 X 7 AM — 7 PM
30 X 7 AM — 7 PM						

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rotation I X 7 AM — 3 PM	2 X 7 AM — 3 PM	3 X 7 AM — 3 PM Y 3 PM — 11 PM	4 X 7 AM — 3 PM Y 3 PM — 11 PM	5 X 7 AM — 3 PM	6 Y 7 AM — 7 PM
7 Y 7 AM—7 PM	8 Rotation II Y 7 AM — 3 PM	9 Union Meetings Y 7 AM — 3 PM	10 Y 7 AM — 3 PM X 3 PM — 11 PM	11 Y 7 AM — 3 PM X 3 PM — 11 PM	12 Union Meeting Y 7 AM — 3 PM	13 X 7 AM — 7 PM
14 X 7 AM—7 PM	15 Rotation I X 7 AM — 3 PM	16 X 7 AM — 3 PM	17 X 7 AM — 3 PM Y 3 PM — 11 PM	18 X 7 AM — 3 PM Y 3 PM — 11 PM	19 X 7 AM — 3 PM	20 Y 7 AM — 7 PM
21 Y 7 AM—7 PM	22 Rotation II Y 7 AM — 3 PM	23 Y 7 AM — 3 PM	24 Y 7 AM — 3 PM X 3 PM — 11 PM	25 Y 7 AM — 3 PM X 3 PM — 11 PM	26 Y 7 AM — 3 PM	27 X 7 AM — 7 PM
28 X 7 AM—7 PM	29 Rotation I X 7 AM — 3 PM	30 X 7 AM — 3 PM	31 X 7 AM — 3 PM Y 3 PM — 11 PM			

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I			1 X 7 AM — 3 PM Y 3 PM — 11 PM	2 X 7 AM — 3 PM	3 Y 7 AM — 7 PM
4 Stop Daylight Savings Time / Fall Back Y 7 AM—7 PM	5 Rotation II Y 7 AM — 3 PM	6 Y 7 AM — 3 PM	7 Y 7 AM — 3 PM X 3 PM — 11 PM	8 Y 7 AM — 3 PM X 3 PM — 11 PM	9 Y 7 AM — 3 PM	10 X 7 AM — 7 PM
11 X 7 AM—7 PM	12 Rotation I X 7 AM — 3 PM	13 Union Meetings X 7 AM — 3 PM	14 X 7 AM — 3 PM Y 3 PM — 11 PM	15 X 7 AM — 3 PM Y 3 PM — 11 PM	16 Union Meeting X 7 AM — 3 PM	17 Y 7 AM — 7 PM
18 Y 7 AM—7 PM	19 Rotation II Y 7 AM — 3 PM	20 Y 7 AM — 3 PM	21 Y 7 AM — 3 PM X 3 PM — 11 PM	22 Thanksgiving Y 7 AM — 3 PM X 3 PM — 11 PM	23 Thanksgiving Y 7 AM — 3 PM	24 X 7 AM — 7 PM
25 X 7 AM—7 PM	26 Rotation I X 7 AM — 3 PM	27 X 7 AM — 3 PM	28 X 7 AM — 3 PM Y 3 PM — 11 PM	29 X 7 AM — 7 PM Y 3 PM — 11 PM	30 X 7 AM — 3 PM	

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I						1 Y 7 AM — 7 PM
2 Y 7 AM—7 PM	3 Rotation II Y 7 AM — 3 PM	4 Y 7 AM — 3 PM	5 Y 7 AM — 3 PM X 3 PM — 11 PM	6 Y 7 AM — 3 PM X 3 PM — 11 PM	7 Y 7 AM — 3 PM	8 X 7 AM — 7 PM
9 X 7 AM—7 PM	10 Rotation I X 7 AM — 3 PM	11 Union Meetings X 7 AM — 3 PM	12 X 7 AM — 3 PM Y 3 PM — 11 PM	13 X 7 AM — 3 PM Y 3 PM — 11 PM	14 Union Meeting X 7 AM — 3 PM	15 Y 7 AM — 7 PM
16 Y 7 AM—7 PM	17 Rotation II Y 7 AM — 3 PM	18 Y 7 AM — 3 PM	19 Y 7 AM — 3 PM X 3 PM — 11 PM	20 Y 7 AM — 3 PM X 3 PM — 11 PM	21 Y 7 AM — 3 PM	22 Stagger Down X 7 AM — 7 PM
23 Stagger Down X 7 AM—7 PM	24 Rotation II Y 7 AM — 3 PM Christmas Eve	25 Y 7 AM — 3 PM Christmas	26 Shutdown Y 7 AM — 3 PM X 3 PM — 11 PM	27 Shutdown Y 7 AM — 3 PM X 3 PM — 11 PM	28 Shutdown Y 7 AM — 3 PM	29 Shutdown X 7 AM — 7 PM
30 Shutdown X 7 AM — 7 PM	31 Rotation II Y 7 AM — 3 PM New Years Eve					

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II	New Years 1 Y 7 AM — 3 PM	Stagger Up 2 Y 7 AM — 3 PM X 3 PM — 11 PM	Stagger Up 3 Y 7 AM — 3 PM X 3 PM — 11 PM	4	5 X 7 AM — 7 PM
6 X 7 AM—7 PM	7 Rotation I X 7 AM — 3 PM	8 Union Meetings X 7 AM — 3 PM	9 X 7 AM — 3 PM Y 3 PM — 11 PM	10 X 7 AM — 3 PM Y 3 PM — 11 PM	11 Union Meeting X 7 AM — 3 PM	12 Y 7 AM — 7 PM
13 Y 7 AM—7 PM	14 Rotation II Y 7 AM — 3 PM	15 Y 7 AM — 3 PM	16 Y 7 AM — 3 PM X 3 PM — 11 PM	17 Y 7 AM — 3 PM X 3 PM — 11 PM	18 Y 7 AM — 3 PM	19 X 7 AM — 7 PM
20 X 7 AM—7 PM	21 Rotation I X 7 AM — 3 PM	22 X 7 AM — 3 PM	23 X 7 AM — 3 PM Y 3 PM — 11 PM	24 X 7 AM — 3 PM Y 3 PM — 11 PM	25 X 7 AM — 3 PM	26 Y 7 AM — 7 PM
27 Y 7 AM—7 PM	28 Rotation II Y 7 AM — 3 PM	29 Y 7 AM — 3 PM	30 Y 7 AM — 3 PM X 3 PM — 11 PM	31 Y 7 AM — 3 PM X 3 PM — 11 PM		

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II					1 Y 7 AM — 3 PM	2 X 7 AM — 7 PM
3 X 7 AM—7 PM	4 Rotation I X 7 AM — 3 PM	5 X 7 AM — 3 PM	6 X 7 AM — 3 PM Y 3 PM — 11 PM	7 X 7 AM — 3 PM Y 3 PM — 11 PM	8 X 7 AM — 3 PM	9 Y 7 AM — 7 PM
10 Y 7 AM—7 PM	11 Rotation II Y 7 AM — 3 PM	12 Union Meetings Y 7 AM — 3 PM	13 Y 7 AM — 3 PM X 3 PM — 11 PM	14 Y 7 AM — 3 PM X 3 PM — 11 PM	15 Union Meeting Y 7 AM — 3 PM	16 X 7 AM — 7 PM
17 X 7 AM—7 PM	18 Rotation I X 7 AM — 3 PM	19 X 7 AM — 3 PM	20 X 7 AM — 3 PM Y 3 PM — 11 PM	21 X 7 AM — 3 PM Y 3 PM — 11 PM	22 X 7 AM — 3 PM	23 Y 7 AM — 7 PM
24 Y 7 AM—7 PM	25 Rotation II Y 7 AM — 3 PM	26 Y 7 AM — 3 PM	27 Y 7 AM — 3 PM X 3 PM — 11 PM	28 Y 7 AM — 3 PM X 3 PM — 11 PM		

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II					1 Y 7 AM — 3 PM	2 X 7 AM — 7 PM
3 X 7 AM—7 PM	4 Rotation I X 7 AM — 3 PM	5 X 7 AM — 3 PM	6 X 7 AM — 3 PM Y 3 PM — 11 PM	7 X 7 AM — 3 PM Y 3 PM — 11 PM	8 X 7 AM — 3 PM	9 Y 7 AM — 7 PM
10 Y 7 AM—7 PM	11 Rotation II Y 7 AM — 3 PM	12 Union Meetings Y 7 AM — 3 PM	13 Y 7 AM — 3 PM X 3 PM — 11 PM	14 Y 7 AM — 3 PM X 3 PM — 11 PM	15 Union Meeting Y 7 AM — 3 PM	16 X 7 AM — 7 PM
17 X 7 AM—7 PM	18 Rotation I X 7 AM — 3 PM	19 X 7 AM — 3 PM	20 X 7 AM — 3 PM Y 3 PM — 11 PM	21 X 7 AM — 3 PM Y 3 PM — 11 PM	22 X 7 AM — 3 PM	23 Y 7 AM — 7 PM
24 Y 7 AM—7 PM	25 Rotation II Y 7 AM — 3 PM	26 Y 7 AM — 3 PM	27 Y 7 AM — 3 PM X 3 PM — 11 PM	28 Y 7 AM — 3 PM X 3 PM — 11 PM	29 Y 7 AM — 3 PM	30 X 7 AM — 7 PM
31 X 7 AM—7 PM						

MEDICAL BENEFITS	In Network Benefit	Out of Network Benefit	
Annual Deductible			
Individual Family	\$300 \$600	\$600 \$1200	
Coinsurance Levels	80% (You Pay 20%)	70% (You Pay 30%)	
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2000 \$4000	\$4000 \$8000	
Lifetime Maximum	Unlimited		
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay	70% after deductible 70% after deductible	
Emergency Room Facility Charges	100% after \$150 copay (waived if admitted)		
Physician Charges	100% after \$25/\$30 copay	70% after deductible	
Preventive Care Benefits			
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free	Not covered Not covered Not covered Not covered	
Inpatient Hospital	80% after deductible	70% after deductible	
Outpatient Hospital	80% after deductible	70% after deductible	
Diagnostic X-rays & Labs	80% after deductible	70% after deductible	
Most other medical services	80% after deductible	70% after deductible	
Insurance Premiums		2018	2019
Single		\$40 per month	\$50 per month
Employee plus one		\$85 per month	\$105 per month
Family		\$105 per month	\$125 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
Generic	\$15	\$25	\$20	\$35
Brand Formulary	\$25	\$50	\$35	\$75
Brand Non- Formulary	\$35	\$75	\$55	\$110
Management Program for active employees, Pre-Medicare and Post- Medicare retirees	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

Sickness and Accident Programs (P & I Agreement Article 7.1 - Benefits)
<p>A. Benefits will be paid because of disabling accident or sickness while under the care of a physician in the following amount:</p> <ol style="list-style-type: none"> 1. For employees on the rolls as of July 24, 2006, the higher of the following two amounts: <ol style="list-style-type: none"> a. \$410 per week, or b. 18 hours of ASTHE per week 2. For employees hired after July 24, 2006: <ol style="list-style-type: none"> a. 18 hours of ASTHE per week 3. The Weekly Benefit Amount in A1(a) above for employees hired prior to July 24, 2006 and under a wage progression program (CBA Appendix B, Section G) will be multiplied by the appropriate experience factor of the wage progression program applicable at the start of disability. <p>B.donation of a vital human organ.....</p> <p>C. Benefits will be payable from the first (1) day of disability due to an accident or occupational sickness, or the day of outpatient surgery, or the eighth (8th) day of disability du to non-occupational sickness or due to pregnancy or related conditions unless hospitalized therefore and then from the first (1st) day of such hospital confinement. The benefits shall be payable for a maximum period of fifty-two (52) weeks for each period of disability.</p>

Buy BF Goodrich Tires

Buy Union

