

Jan 2018	Feb 2018	Mar 2018	Apr 2018	May 2018	Jun 2018	Jul 2018	Aug 2018	Sep 2018	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	Mar 2019
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[Front Cover](#)

[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



Local 351L



2018—2019

ABCD

IMPORTANT PHONE NUMBERS

PSC	psc.lifeatworkportal.com	877 - 435 - 7868
MEDIMPACT	medimpactdirect.com	855 - 873 - 8739
MELS	Employee Life Services	800 - 537 - 5221
METLIFE	Dental Plan	800 - 942 - 0854
VSP	Vision Plan	800 - 877 - 7195
Blue Cross/Blue Shield	Health Care	800 - 334 - 9041
Alabama ONE Credit Union	Formally BFG CU	205 - 759 - 1595
Plant Security		205 - 391 - 6261
Plant Dispensary		205 - 391 - 6224
Plant Cafeteria		205 - 391 - 6390
AFLAC Insurance	Rex Shanner	205 - 454 - 4237
Employee Tire Rebate	michelinemployeerebate.com	888-276-3190
Discontinued Tire List	michelinedtpp.com	419-425-6503
Union Hall	uswa351.org & usw351.org	205 - 758 - 4476
ADP	portal.adp.com	
Vanguard	Vanguard.com	800-523-1188
Plant Operations		205-391-6500

January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	2 \$ A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	3 A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	4 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	5 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	6 D 11 PM—11 AM C 11 AM—11 PM
7 D 11 PM - 11 AM C 11 AM - 11 PM	8 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	9 Union Meetings B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	10 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	11 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	12 Union Meeting B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	13 C 11 PM—11 AM A 11 AM—11 PM
14 C 11 PM - 11 AM A 11 AM - 11 PM	15 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	16 \$ D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	17 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	18 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	19 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	20 A 11 PM—11 AM B 11 AM—11 PM
21 A 11 PM - 11 AM B 11 AM - 11 PM	22 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	23 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	24 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	25 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	26 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	27 B 11 PM—11 AM D 11 AM—11 PM
28 B 11 PM - 11 AM D 11 AM - 11 PM	29 Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	30 \$ A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	31 A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM			

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I			1	2	3
				A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
4	5	6	7	8	9	10
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
11	12	13	14	15	16	17
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	\$ Union Meetings	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	Union Meeting	A 11 PM—11 AM B 11 AM—11 PM
18	19	20	21	22	23	24
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM—11 AM D 11 AM—11 PM
25	26	27	28			
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	\$	A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM			

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	3
					A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
4	5	6	7	8	9	10	
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM	
11	12	13	14	15	16	17	
Start Daylight Savings Time/ Spring Forward	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	\$ Union Meetings	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	Union Meeting	A 11 PM—11 AM B 11 AM—11 PM	
Spring Break							
18	19	20	21	22	23	24	
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM—11 AM D 11 AM—11 PM	
25	26	27	28	29	30	31	
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	\$	A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM	

April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 EASTER D 11 PM - 11 AM C 11 AM - 11 PM	2 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	3 B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	4 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	5 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	6 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	7 C 11 PM—11 AM A 11 AM—11 PM
8 C 11 PM - 11 AM A 11 AM - 11 PM	9 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	10 \$ Union Meetings D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	11 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	12 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	13 Union Meeting D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	14 A 11 PM—11 AM B 11 AM—11 PM
15 A 11 PM - 11 AM B 11 AM - 11 PM	16 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	17 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	18 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	19 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	20 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	21 B 11 PM—11 AM D 11 AM—11 PM
22 B 11PM - 11A M D 11A M - 11PM	23 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	24 \$ A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	25 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	26 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	27 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	28 D 11PM - 11A M C 11A M - 11PM
29 D 11 PM - 11 AM C 11 AM - 11 PM	30 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM					

May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
6	7	\$ Union Meetings	8	9	10	11
C 11PM - 11A M A 11A M - 11PM	Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	Union Meeting D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	A 11PM - 11A M B 11A M - 11PM
13	14	15	16	17	18	19
A 11PM - 11A M B 11A M - 11PM	Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	B 11PM - 11A M D 11A M - 11PM
20	21	\$	22	23	24	25
B 11PM - 11A M D 11A M - 11PM	Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	D 11PM - 11A M C 11A M - 11PM
27	28	29	30	31		
D 11PM - 11A M C 11A M - 11PM	Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM Memorial Day	B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM		

June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	2 C 11 PM—11 AM A 11 AM—11 PM
3 C 11 PM - 11 AM A 11 AM - 11 PM	4 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	\$ 5 D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	6 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	7 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	8 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	9 A 11 PM—11 AM B 11 AM—11 PM	
10 A 11 PM - 11 AM B 11 AM - 11 PM	11 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	Union Meetings 12 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	13 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	14 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	Union Meeting 15 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	16 B 11 PM—11 AM D 11 AM—11 PM	
17 B 11 PM - 11 AM D 11 AM - 11 PM	18 Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	\$ 19 A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	20 A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	21 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	22 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	23 D 11 PM—11 AM C 11 AM—11 PM	
24 D 11 PM - 11 AM C 11 AM - 11 PM	25 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	26 B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	27 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	28 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	29 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	30 C 11PM - 11A M A 11A M - 11PM	

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 C 11 PM - 11 AM A 11 AM - 11 PM	2 Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	\$ 3 D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	Independence Day 4 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	5 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	6 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	7 A 11PM - 11A M B 11A M - 11PM
8 A 11PM - 11A M B 11A M - 11PM	9 Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	Union Meetings 10 C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	11 C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	12 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	Union Meeting 13 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	14 B 11PM - 11A M D 11A M - 11PM
15 B 11PM - 11A M D 11A M - 11PM	16 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	\$ 17 A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	18 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	19 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	20 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	21 D 11PM - 11A M C 11A M - 11PM
22 D 11PM - 11A M C 11A M - 11PM	23 Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	24 B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	25 B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	26 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	27 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	28 C 11PM - 11A M A 11A M - 11PM
29 C 11 PM - 11 AM A 11 AM - 11 PM	30 Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	\$ 31 D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM				

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	2 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	3 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	4 A 11PM - 11A M B 11A M - 11PM
5 A 11PM - 11A M B 11A M - 11PM	6 Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	7 C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	8 C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	9 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	10 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	11 B 11PM - 11A M D 11A M - 11PM
12 B 11PM - 11A M D 11A M - 11PM	13 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	14 \$ Union Meetings A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	15 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	16 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	17 Union Meeting A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	18 D 11PM - 11A M C 11A M - 11PM
19 D 11PM - 11A M C 11A M - 11PM	20 Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	21 B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	22 B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	23 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	24 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	25 C 11PM - 11A M A 11A M - 11PM
26 C 11PM - 11A M A 11A M - 11PM	27 Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	28 \$ D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	29 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	30 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	31 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 A 11 PM—11 AM B 11 AM—11 PM
2 A 11 PM - 11 AM B 11 AM - 11 PM	Labor Day 3 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	4 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	5 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	6 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	7 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	8 B 11 PM—11 AM D 11 AM—11 PM
9 B 11 PM - 11 AM D 11 AM - 11 PM	10 Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	11 \$ Union Meetings A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	12 A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	13 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	14 Union Meeting A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	15 D 11 PM—11 AM C 11 AM—11 PM
16 D 11 PM - 11 AM C 11 AM - 11 PM	17 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	18 B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	19 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	20 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	21 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	22 C 11 PM—11 AM A 11 AM—11 PM
23 C 11 PM - 11 AM A 11 AM - 11 PM	24 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	25 \$ D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	26 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	27 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	28 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	29 A 11 PM - 11 AM B 11 AM - 11 PM
30 A 11 PM - 11 AM B 11 AM - 11 PM						

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	B 11PM - 11A M D 11A M - 11PM
7	8	\$ 9	10	11	12	13
B 11PM - 11A M D 11A M - 11PM	Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	Union Meetings A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	Union Meeting A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	D 11PM - 11A M C 11A M - 11PM
14	15	16	17	18	19	20
D 11PM - 11A M C 11A M - 11PM	Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	C 11PM - 11A M A 11A M - 11PM
21	22	\$ 23	24	25	26	27
C 11PM - 11A M A 11A M - 11PM	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	A 11 PM—11 AM B 11 AM—11 PM
28	29	30	31			
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM			

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM—11 AM D 11 AM—11 PM
4	5	\$ 6	7	8	9	10
Stop Daylight Savings Time / Fall Back B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
11	12	Union Meetings 13	14	15	Union Meeting 16	17
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
18	19	\$ 20	21	Thanksgiving 22	Thanksgiving 23	24
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	A 11 PM—11 AM B 11 AM—11 PM
25	26	27	28	29	30	
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 B 11 PM—11 AM D 11 AM—11 PM
2 B 11 PM - 11 AM D 11 AM - 11 PM	3 Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	\$ 4 A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	5 A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	6 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	7 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	8 D 11 PM—11 AM C 11 AM—11 PM
9 D 11 PM - 11 AM C 11 AM - 11 PM	10 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	11 Union Meetings B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	12 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	13 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	14 Union Meeting B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	15 C 11 PM—11 AM A 11 AM—11 PM
16 C 11 PM - 11 AM 11 AM - 11 PM	17 Rotation III D 11 PM —7 AM A 7 AM — 3 PM A 3 PM — 11 PM	18 \$ D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	19 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	20 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	21 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	22 Stagger Down A 11 PM—11 AM B 11 AM—11 PM
23 Stagger Down A 11 PM - 11 AM B 11 AM - 11 PM	24 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM Christmas Eve	25 D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM Christmas	26 Shutdown D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	27 Shutdown D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	28 Shutdown D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	29 Shutdown A 11 PM—11 AM B 11 AM—11 PM
30 Shutdown A 11 PM - 11 AM B 11 AM - 11 PM	31 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM New Years Eve					

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		New Years 1 \$ D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	Stagger Up 2 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	Stagger Up 3 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	4 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM	5 A 11PM - 11A M B 11A M - 11PM
6 A 11PM - 11A M B 11A M - 11PM	7 Rotation IV C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	Union Meetings 8 C 11PM - 7A M A 7A M - 3PM B 3PM - 11PM	9 C 11PM - 7A M A 7A M - 7PM C 7PM - 11PM	10 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	Union Meeting 11 C 11PM - 7A M A 7A M - 3PM D 3PM - 11PM	12 B 11PM - 11A M D 11A M - 11PM
13 B 11PM - 11A M D 11A M - 11PM	14 Rotation I A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	\$ 15 A 11PM - 7A M B 7A M - 3PM D 3PM - 11PM	16 A 11PM - 7A M B 7A M - 7PM A 7PM - 11PM	17 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	18 A 11PM - 7A M B 7A M - 3PM C 3PM - 11PM	19 D 11PM - 11A M C 11A M - 11PM
20 D 11PM - 11A M C 11A M - 11PM	21 Rotation II B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	22 B 11PM - 7A M D 7A M - 3PM C 3PM - 11PM	23 B 11PM - 7A M D 7A M - 7PM B 7PM - 11PM	24 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	25 B 11PM - 7A M D 7A M - 3PM A 3PM - 11PM	26 C 11PM - 11A M A 11A M - 11PM
27 C 11PM - 11A M A 11A M - 11PM	28 Rotation III D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	\$ 29 D 11PM - 7A M C 7A M - 3PM A 3PM - 11PM	30 D 11PM - 7A M C 7A M - 7PM D 7PM - 11PM	31 D 11PM - 7A M C 7A M - 3PM B 3PM - 11PM		

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	2 A 11 PM—11 AM B 11 AM—11 PM
3 A 11 PM - 11 AM B 11 AM - 11 PM	4 Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	5 C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	6 C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	7 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	8 C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	9 B 11 PM—11 AM D 11 AM—11 PM
10 B 11 PM - 11 AM D 11 AM - 11 PM	11 Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	12 \$ Union Meetings A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	13 A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	14 A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	15 Union Meeting A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	16 D 11 PM—11 AM C 11 AM—11 PM
17 D 11 PM - 11 AM C 11 AM - 11 PM	18 Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	19 B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	20 B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	21 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	22 B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	23 C 11 PM—11 AM A 11 AM—11 PM
24 C 11 PM - 11 AM A 11 AM - 11 PM	25 Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	26 \$ D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	27 D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	28 D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM		

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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					D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	A 11 PM—11 AM B 11 AM—11 PM
3	4	5	6	7	8	9
A 11 PM - 11 AM B 11 AM - 11 PM	Rotation IV C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM B 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 7 PM C 7 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	C 11 PM —7 AM A 7 AM — 3 PM D 3 PM — 11 PM	B 11 PM—11 AM D 11 AM—11 PM
10	11	\$ 12	13	14	15	16
B 11 PM - 11 AM D 11 AM - 11 PM	Rotation I A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	Union Meetings A 11 PM —7 AM B 7 AM — 3 PM D 3 PM — 11 PM	A 11 PM —7 AM B 7 AM — 7 PM A 7 PM — 11 PM	A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	Union Meeting A 11 PM —7 AM B 7 AM — 3 PM C 3 PM — 11 PM	D 11 PM—11 AM C 11 AM—11 PM
17	18	19	20	21	22	23
D 11 PM - 11 AM C 11 AM - 11 PM	Rotation II B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM C 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 7 PM B 7 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	B 11 PM —7 AM D 7 AM — 3 PM A 3 PM — 11 PM	C 11 PM—11 AM A 11 AM—11 PM
24	25	\$ 26	27	28	29	30
C 11 PM - 11 AM A 11 AM - 11 PM	Rotation III D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM A 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 7 PM D 7 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	D 11 PM —7 AM C 7 AM — 3 PM B 3 PM — 11 PM	A 11 PM - 11 AM B 11 AM - 11 PM
31						
A 11 PM - 11 AM B 11 AM - 11 PM						

MEDICAL BENEFITS	In Network Benefit	Out of Network Benefit	
Annual Deductible			
Individual Family	\$300 \$600	\$600 \$1200	
Coinsurance Levels	80% (You Pay 20%)	70% (You Pay 30%)	
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2000 \$4000	\$4000 \$8000	
Lifetime Maximum	Unlimited		
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay	70% after deductible 70% after deductible	
Emergency Room Facility Charges	100% after \$150 copay (waived if admitted)		
Physician Charges	100% after \$25/\$30 copay	70% after deductible	
Preventive Care Benefits			
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free	Not covered Not covered Not covered Not covered	
Inpatient Hospital	80% after deductible	70% after deductible	
Outpatient Hospital	80% after deductible	70% after deductible	
Diagnostic X-rays & Labs	80% after deductible	70% after deductible	
Most other medical services	80% after deductible	70% after deductible	
Insurance Premiums		2018	2019
Single		\$40 per month	\$50 per month
Employee plus one		\$85 per month	\$105 per month
Family		\$105 per month	\$125 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
Generic	\$15	\$25	\$20	\$35
Brand Formulary	\$25	\$50	\$35	\$75
Brand Non- Formulary	\$35	\$75	\$55	\$110
Management Program for active employees, Pre-Medicare and Post- Medicare retirees	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

Sickness and Accident Programs (P & I Agreement Article 7.1 - Benefits)
<p>A. Benefits will be paid because of disabling accident or sickness while under the care of a physician in the following amount:</p> <ol style="list-style-type: none"> 1. For employees on the rolls as of July 24, 2006, the higher of the following two amounts: <ol style="list-style-type: none"> a. \$410 per week, or b. 18 hours of ASTHE per week 2. For employees hired after July 24, 2006: <ol style="list-style-type: none"> a. 18 hours of ASTHE per week 3. The Weekly Benefit Amount in A1(a) above for employees hired prior to July 24, 2006 and under a wage progression program (CBA Appendix B, Section G) will be multiplied by the appropriate experience factor of the wage progression program applicable at the start of disability. <p>B.donation of a vital human organ.....</p> <p>C. Benefits will be payable from the first (1) day of disability due to an accident or occupational sickness, or the day of outpatient surgery, or the eighth (8th) day of disability du to non-occupational sickness or due to pregnancy or related conditions unless hospitalized therefore and then from the first (1st) day of such hospital confinement. The benefits shall be payable for a maximum period of fifty-two (52) weeks for each period of disability.</p>

Buy BF Goodrich Tires

Buy Union

