

<a href="#">Jan 2018</a>	<a href="#">Feb 2018</a>	<a href="#">Mar 2018</a>	<a href="#">Apr 2018</a>	<a href="#">May 2018</a>	<a href="#">Jun 2018</a>	<a href="#">Jul 2018</a>	<a href="#">Aug 2018</a>	<a href="#">Sep 2018</a>	<a href="#">Oct 2018</a>	<a href="#">Nov 2018</a>	<a href="#">Dec 2018</a>	<a href="#">Jan 2019</a>	<a href="#">Feb 2019</a>	<a href="#">Mar 2019</a>
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[Front Cover](#)

[Phone Numbers](#)

[Medical Coverage](#)

[Prescription Drugs](#)

[Rear Cover](#)



# Local 351L



2018—2019

1&2

## IMPORTANT PHONE NUMBERS

<b>PSC</b>	<b>psc.lifeatworkportal.com</b>	<b>877 - 435 - 7868</b>
<b>MEDIMPACT</b>	<b>medimpactdirect.com</b>	<b>855 - 873 - 8739</b>
<b>MELS</b>	<b>Employee Life Services</b>	<b>800 - 537 - 5221</b>
<b>METLIFE</b>	<b>Dental Plan</b>	<b>800 - 942 - 0854</b>
<b>VSP</b>	<b>Vision Plan</b>	<b>800 - 877 - 7195</b>
<b>Blue Cross/Blue Shield</b>	<b>Health Care</b>	<b>800 - 334 - 9041</b>
<b>Alabama ONE Credit Union</b>	<b>Formally BFG CU</b>	<b>205 - 759 - 1595</b>
<b>Plant Security</b>		<b>205 - 391 - 6261</b>
<b>Plant Dispensary</b>		<b>205 - 391 - 6224</b>
<b>Plant Cafeteria</b>		<b>205 - 391 - 6390</b>
<b>AFLAC Insurance</b>	<b>Rex Shanner</b>	<b>205 - 454 - 4237</b>
<b>Employee Tire Rebate</b>	<b>michelinemployeerebate.com</b>	<b>888-276-3190</b>
<b>Discontinued Tire List</b>	<b>michelinedtpp.com</b>	<b>419-425-6503</b>
<b>Union Hall</b>	<b>uswa351.org &amp; usw351.org</b>	<b>205 - 758 - 4476</b>
<b>ADP</b>	<b>portal.adp.com</b>	
<b>Vanguard</b>	<b>Vanguard.com</b>	<b>800-523-1188</b>
<b>Plant Operations</b>		<b>205-391-6500</b>

## January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>New Years</b> Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	1	2	3	4	5	6
7	8	Union Meetings 1 11 PM - 7 AM 2 7 AM - 3 PM	9	10	11	12	13
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				

## February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II			1 2 11 PM - 7 AM 1 7 AM - 3 PM	2 2 11 PM - 7 AM 1 7 AM - 3 PM	3
4 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	5	6 1 11 PM - 7 AM 2 7 AM - 3 PM	7 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	8 1 11 PM - 7 AM 2 7 AM - 3 PM	9 1 11 PM - 7 AM 2 7 AM - 3 PM	10
11 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	12	13 <b>Union Meetings</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	14 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	15 2 11 PM - 7 AM 1 7 AM - 3 PM	16 <b>Union Meeting</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	17
18 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	19	20 1 11 PM - 7 AM 2 7 AM - 3 PM	21 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	22 1 11 PM - 7 AM 2 7 AM - 3 PM	23 1 11 PM - 7 AM 2 7 AM - 3 PM	24
25 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	26	27 2 11 PM - 7 AM 1 7 AM - 3 PM	28 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM			

## March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation II			1 2 11 PM - 7 AM 1 7 AM - 3 PM	2 2 11 PM - 7 AM 1 7 AM - 3 PM	3
4	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	5 1 11 PM - 7 AM 2 7 AM - 3 PM	6 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	7	8 1 11 PM - 7 AM 2 7 AM - 3 PM	9 1 11 PM - 7 AM 2 7 AM - 3 PM
10	11 <b>Start Daylight Savings Time/ Spring Forward</b>	12 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	13 <b>Union Meetings</b> 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	14	15 2 11 PM - 7 AM 1 7 AM - 3 PM	16 <b>Union Meeting</b> 2 11 PM - 7 AM 1 7 AM - 3 PM
<b>Spring Break</b>						
17	18	19	20 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	21	22 1 11 PM - 7 AM 2 7 AM - 3 PM	23 1 11 PM - 7 AM 2 7 AM - 3 PM
24	25 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	26 1 11 PM - 7 AM 2 7 AM - 3 PM	27 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	28	29 2 11 PM - 7 AM 1 7 AM - 3 PM	30 2 11 PM - 7 AM 1 7 AM - 3 PM
31	31 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	31 2 11 PM - 7 AM 1 7 AM - 3 PM	31 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	31	31 2 11 PM - 7 AM 1 7 AM - 3 PM	31

## April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>EASTER</b>	2 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	3 1 11 PM - 7 AM 2 7 AM - 3 PM	4 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	5 1 11 PM - 7 AM 2 7 AM - 3 PM	6 1 11 PM - 7 AM 2 7 AM - 3 PM	7
8	9 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	10 <b>Union Meetings</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	11 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	12 2 11 PM - 7 AM 1 7 AM - 3 PM	13 <b>Union Meeting</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	14
15	16 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	17 1 11 PM - 7 AM 2 7 AM - 3 PM	18 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	19 1 11 PM - 7 AM 2 7 AM - 3 PM	20 1 11 PM - 7 AM 2 7 AM - 3 PM	21
22	23 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	24 2 11 PM - 7 AM 1 7 AM - 3 PM	25 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	26 2 11 PM - 7 AM 1 7 AM - 3 PM	27 2 11 PM - 7 AM 1 7 AM - 3 PM	28
29	30 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM					

## May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Rotation I	1 1 11 PM - 7 AM 2 7 AM - 3 PM	2 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	3 1 11 PM - 7 AM 2 7 AM - 3 PM	4 1 11 PM - 7 AM 2 7 AM - 3 PM	5
6	7 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	8 <b>Union Meetings</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	9 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	10 2 11 PM - 7 AM 1 7 AM - 3 PM	11 <b>Union Meeting</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	12
13	14 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	15 1 11 PM - 7 AM 2 7 AM - 3 PM	16 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	17 1 11 PM - 7 AM 2 7 AM - 3 PM	18 1 11 PM - 7 AM 2 7 AM - 3 PM	19
20	21 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	22 2 11 PM - 7 AM 1 7 AM - 3 PM	23 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	24 2 11 PM - 7 AM 1 7 AM - 3 PM	25 2 11 PM - 7 AM 1 7 AM - 3 PM	26
27	28 <b>Memorial Day</b> Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	29 1 11 PM - 7 AM 2 7 AM - 3 PM	30 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	31 1 11 PM - 7 AM 2 7 AM - 3 PM		

## June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 11 PM - 7 AM 2 7 AM - 3 PM	2
3 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	4	5 2 11 PM - 7 AM 1 7 AM - 3 PM	6 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	7 2 11 PM - 7 AM 1 7 AM - 3 PM	8 2 11 PM - 7 AM 1 7 AM - 3 PM	9
10 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	11	12 <b>Union Meetings</b> 1 11 PM - 7 AM 2 7 AM - 3 PM	13 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	14 1 11 PM - 7 AM 2 7 AM - 3 PM	15 <b>Union Meeting</b> 1 11 PM - 7 AM 2 7 AM - 3 PM	16
17 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	18	19 2 11 PM - 7 AM 1 7 AM - 3 PM	20 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	21 2 11 PM - 7 AM 1 7 AM - 3 PM	22 2 11 PM - 7 AM 1 7 AM - 3 PM	23
24 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	25	26 1 11 PM - 7 AM 2 7 AM - 3 PM	27 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	28 1 11 PM - 7 AM 2 7 AM - 3 PM	29 1 11 PM - 7 AM 2 7 AM - 3 PM	30



## July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 <b>Independence Day</b>	5	6	7
	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	
8	9	10 <b>Union Meetings</b>	11	12	13 <b>Union Meeting</b>	14
	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	
15	16	17	18	19	20	21
	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	
22	23	24	25	26	27	28
	Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	
29	30	31				
	Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM				

## August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 2 11 PM - 7 AM 1 7 AM - 3 PM	3 2 11 PM - 7 AM 1 7 AM - 3 PM	4
5	6 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	7 1 11 PM - 7 AM 2 7 AM - 3 PM	8 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	9 1 11 PM - 7 AM 2 7 AM - 3 PM	10 1 11 PM - 7 AM 2 7 AM - 3 PM	11
12	13 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	14 <b>Union Meetings</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	15 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	16 2 11 PM - 7 AM 1 7 AM - 3 PM	17 <b>Union Meeting</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	18
19	20 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	21 1 11 PM - 7 AM 2 7 AM - 3 PM	22 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	23 1 11 PM - 7 AM 2 7 AM - 3 PM	24 1 11 PM - 7 AM 2 7 AM - 3 PM	25
26	27 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	28 2 11 PM - 7 AM 1 7 AM - 3 PM	29 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	30 2 11 PM - 7 AM 1 7 AM - 3 PM	31 2 11 PM - 7 AM 1 7 AM - 3 PM	

## September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
2	<b>Labor Day</b> Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	3	4	5	6	7	8
		1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM		
9	10	11	12	13	14	15	
Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM		<b>Union Meetings</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	<b>Union Meeting</b> 2 11 PM - 7 AM 1 7 AM - 3 PM		
16	17	18	19	20	21	22	
Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM		1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	1 11 PM - 7 AM 2 7 AM - 3 PM	1 11 PM - 7 AM 2 7 AM - 3 PM		
23	24	25	26	27	28	29	
Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM		2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	2 11 PM - 7 AM 1 7 AM - 3 PM	2 11 PM - 7 AM 1 7 AM - 3 PM		
30							

## October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	2 1 11 PM - 7 AM 2 7 AM - 3 PM	3 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	4 1 11 PM - 7 AM 2 7 AM - 3 PM	5 1 11 PM - 7 AM 2 7 AM - 3 PM	6
7	8 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	9 <b>Union Meetings</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	10 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	11 2 11 PM - 7 AM 1 7 AM - 3 PM	12 <b>Union Meeting</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	13
14	15 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	16 1 11 PM - 7 AM 2 7 AM - 3 PM	17 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	18 1 11 PM - 7 AM 2 7 AM - 3 PM	19 1 11 PM - 7 AM 2 7 AM - 3 PM	20
21	22 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	23 2 11 PM - 7 AM 1 7 AM - 3 PM	24 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	25 2 11 PM - 7 AM 1 7 AM - 3 PM	26 2 11 PM - 7 AM 1 7 AM - 3 PM	27
28	29 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	30 1 11 PM - 7 AM 2 7 AM - 3 PM	31 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM			

## November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation I				1 1 11 PM - 7 AM 2 7 AM - 3 PM	2 1 11 PM - 7 AM 2 7 AM - 3 PM	3
4 End Daylight Savings Time- Fall Back	5 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	6 2 11 PM - 7 AM 1 7 AM - 3 PM	7 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	8 2 11 PM - 7 AM 1 7 AM - 3 PM	9 2 11 PM - 7 AM 1 7 AM - 3 PM	10
11	12 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	13 Union Meetings 1 11 PM - 7 AM 2 7 AM - 3 PM	14 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	15 1 11 PM - 7 AM 2 7 AM - 3 PM	16 Union Meeting 1 11 PM - 7 AM 2 7 AM - 3 PM	17
18	19 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	20 2 11 PM - 7 AM 1 7 AM - 3 PM	21 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	22 Thanksgiving 2 11 PM - 7 AM 1 7 AM - 3 PM	23 Thanksgiving 2 11 PM - 7 AM 1 7 AM - 3 PM	24
25	26 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	27 1 11 PM - 7 AM 2 7 AM - 3 PM	28 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	29 1 11 PM - 7 AM 2 7 AM - 3 PM	30 1 11 PM - 7 AM 2 7 AM - 3 PM	

**December 2018**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	4 2 11 PM - 7 AM 1 7 AM - 3 PM	5 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	6 2 11 PM - 7 AM 1 7 AM - 3 PM	7 2 11 PM - 7 AM 1 7 AM - 3 PM	8
9	10 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	11 <b>Union Meetings</b> 1 11 PM - 7 AM 2 7 AM - 3 PM	12 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	13 1 11 PM - 7 AM 2 7 AM - 3 PM	14 <b>Union Meeting</b> 1 11 PM - 7 AM 2 7 AM - 3 PM	15
16	17 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	18 2 11 PM - 7 AM 1 7 AM - 3 PM	19 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	20 2 11 PM - 7 AM 1 7 AM - 3 PM	21 2 11 PM - 7 AM 1 7 AM - 3 PM	22 <b>Stagger Down</b>
23 <b>Stagger Down</b>	24 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM  Christmas Eve	25 2 11 PM - 7 AM 1 7 AM - 3 PM  Christmas	26 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM  Shutdown	27 2 11 PM - 7 AM 1 7 AM - 3 PM  Shutdown	28 2 11 PM - 7 AM 1 7 AM - 3 PM  Shutdown	29 <b>Shutdown</b>
30 <b>Shutdown</b>	31 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM New Years Eve					

## January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>New Years</b> 1 2 11 PM - 7 AM 1 7 AM - 3 PM	<b>Stagger Up</b> 2 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	<b>Stagger Up</b> 3 2 11 PM - 7 AM 1 7 AM - 3 PM	4 2 11 PM - 7 AM 1 7 AM - 3 PM	5
6	7 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	8 <b>Union Meetings</b> 1 11 PM - 7 AM 2 7 AM - 3 PM	9 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	10 1 11 PM - 7 AM 2 7 AM - 3 PM	11 <b>Union Meeting</b> 1 11 PM - 7 AM 2 7 AM - 3 PM	12
13	14 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	15 2 11 PM - 7 AM 1 7 AM - 3 PM	16 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	17 2 11 PM - 7 AM 1 7 AM - 3 PM	18 2 11 PM - 7 AM 1 7 AM - 3 PM	19
20	21 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	22 1 11 PM - 7 AM 2 7 AM - 3 PM	23 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	24 1 11 PM - 7 AM 2 7 AM - 3 PM	25 1 11 PM - 7 AM 2 7 AM - 3 PM	26
27	28 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	29 2 11 PM - 7 AM 1 7 AM - 3 PM	30 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	31 2 11 PM - 7 AM 1 7 AM - 3 PM		

## February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rotation II					1 2 11 PM - 7 AM 1 7 AM - 3 PM	2
3 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	4	5 1 11 PM - 7 AM 2 7 AM - 3 PM	6 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	7 1 11 PM - 7 AM 2 7 AM - 3 PM	8 1 11 PM - 7 AM 2 7 AM - 3 PM	9
10 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	11	12 <b>Union Meetings</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	13 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	14 2 11 PM - 7 AM 1 7 AM - 3 PM	15 <b>Union Meeting</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	16
17 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	18	19 1 11 PM - 7 AM 2 7 AM - 3 PM	20 1 11 PM - 7 AM 2 7 AM - 7 PM 1 7 PM - 11 PM	21 1 11 PM - 7 AM 2 7 AM - 3 PM	22 1 11 PM - 7 AM 2 7 AM - 3 PM	23
24 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	25	26 2 11 PM - 7 AM 1 7 AM - 3 PM	27 2 11 PM - 7 AM 1 7 AM - 7 PM 2 7 PM - 11 PM	28 2 11 PM - 7 AM 1 7 AM - 3 PM		



## March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Rotation II						1 2 11 PM - 7 AM 1 7 AM - 3 PM	2
3	4 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	5 1 11 PM - 7 AM 2 7 AM - 3 PM	6 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	7 1 11 PM - 7 AM 2 7 AM - 3 PM	8 1 11 PM - 7 AM 2 7 AM - 3 PM	9	
10	11 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	12 <b>Union Meetings</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	13 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	14 2 11 PM - 7 AM 1 7 AM - 3 PM	15 <b>Union Meeting</b> 2 11 PM - 7 AM 1 7 AM - 3 PM	16	
17	18 Rotation I 1 11 PM - 7 AM 2 7 AM - 3 PM	19 1 11 PM - 7 AM 2 7 AM - 3 PM	20 1 11 PM - 7 AM 2 7 AM - 7PM 1 7 PM - 11 PM	21 1 11 PM - 7 AM 2 7 AM - 3 PM	22 1 11 PM - 7 AM 2 7 AM - 3 PM	23	
24	25 Rotation II 2 11 PM - 7 AM 1 7 AM - 3 PM	26 2 11 PM - 7 AM 1 7 AM - 3 PM	27 2 11 PM - 7 AM 1 7 AM - 7PM 2 7 PM - 11 PM	28 2 11 PM - 7 AM 1 7 AM - 3 PM	29 2 11 PM - 7 AM 1 7 AM - 3 PM	30	
31							

<b>MEDICAL BENEFITS</b>	<b>In Network Benefit</b>	<b>Out of Network Benefit</b>	
<b>Annual Deductible</b>			
Individual Family	\$300 \$600	\$600 \$1200	
Coinsurance Levels	80% (You Pay 20%)	70% (You Pay 30%)	
Out of Pocket Maximum Individual Family Includes Deductible, Copayments and Coinsurance amounts.	\$2000 \$4000	\$4000 \$8000	
Lifetime Maximum	Unlimited		
Physician Office Visits General Practitioner Specialist	100% after \$25 copay 100% after \$30 copay	70% after deductible 70% after deductible	
Emergency Room Facility Charges	100% after \$150 copay (waived if admitted)		
Physician Charges	100% after \$25/\$30 copay	70% after deductible	
<b>Preventive Care Benefits</b>			
Routine OB/GYN Routine Pap Smears Routine Sigmoidoscopy Routine physical	Free	Not covered Not covered Not covered Not covered	
Inpatient Hospital	80% after deductible	70% after deductible	
Outpatient Hospital	80% after deductible	70% after deductible	
Diagnostic X-rays & Labs	80% after deductible	70% after deductible	
Most other medical services	80% after deductible	70% after deductible	
<b>Insurance Premiums</b>		<b>2018</b>	<b>2019</b>
Single		\$40 per month	\$50 per month
Employee plus one		\$85 per month	\$105 per month
Family		\$105 per month	\$125 per month

Prescription Drugs	Retail—30-day supply Mail Order—90 day supply Mandatory Generic (MAC Allowance)			
	Retail—20% coinsurance		Mail Order—20% coinsurance	
	Minimum Copay	Maximum Copay	Minimum Copay	Maximum Copay
Generic	\$15	\$25	\$20	\$35
Brand Formulary	\$25	\$50	\$35	\$75
Brand Non- Formulary	\$35	\$75	\$55	\$110
Management Program for active employees, Pre-Medicare and Post- Medicare retirees	Hypnotic Agents	Limits patients to 60 tablets within 90 days		
	Erectile Dysfunction	Limits patients to 6 units every 30 days		

Non-Network Vision Reimbursement Schedule				
Single Vision	\$84.00		Necessary Contact Lenses	\$215.00
Bifocals	\$83.00		Cosmetic Contact Lenses	\$140.00
Trifocals	\$112.00			
Lenticular	\$125.00		Frames	\$85.00

Sickness and Accident Programs ( P & I Agreement Article 7.1 - Benefits )
<p>A. Benefits will be paid because of disabling accident or sickness while under the care of a physician in the following amount:</p> <ol style="list-style-type: none"> <li>1. For employees on the rolls as of July 24, 2006, the higher of the following two amounts: <ol style="list-style-type: none"> <li>a. \$410 per week, or</li> <li>b. 18 hours of ASTHE per week</li> </ol> </li> <li>2. For employees hired after July 24, 2006: <ol style="list-style-type: none"> <li>a. 18 hours of ASTHE per week</li> </ol> </li> <li>3. The Weekly Benefit Amount in A1(a) above for employees hired prior to July 24, 2006 and under a wage progression program (CBA Appendix B, Section G) will be multiplied by the appropriate experience factor of the wage progression program applicable at the start of disability.</li> </ol> <p>B. ....donation of a vital human organ.....</p> <p>C. Benefits will be payable from the first (1) day of disability due to an accident or occupational sickness, or the day of outpatient surgery, or the eighth (8th) day of disability du to non-occupational sickness or due to pregnancy or related conditions unless hospitalized therefore and then from the first (1st) day of such hospital confinement. The benefits shall be payable for a maximum period of fifty-two (52) weeks for each period of disability.</p>

# Buy BF Goodrich Tires

# Buy Union

